#### The Protective Role of the Royal Jelly against Histological Effects of Endoxan Drug on the Testis of the Male Albino Mice

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Abstract: The aim of this work is to study the protective role of royal jelly on the mice after endoxan treatment. Mice were divided into three groups. The first group served as control while the other two groups were treated with endoxan doses and with endoxan and royal jelly respectively. Each endoxan treated animal was intraperitoneally injected one day in week for 4 weeks with 200µg/kg body weight while royal jelly treated animals were orally injected daily for 4 weeks with 1g/kg body weight. The damage caused in the testes of mice after endoxan treatment displayed variable changes in both the seminiferous tubules and the interstitial tissue. The histological changes were also significantly increased by time and dose. While treatment with endoxan and royal jelly showed advanced observations.

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#### 1. Introduction:

The cancer is the most serious disease that causes death all over the world; it is also known as malignant tumors and neoplasms. It is defined as an abnormal growth of cells which tend to proliferate in an uncontrolled way (Grandis and Sok, 2004).

Endoxan (EN) is a potent anti-inflammatory and immunosuppressive cytostatic and cytotoxic drug used for such diverse medical problems as neoplasia, tissue transplantation, and inflammatory diseases of uncertain cause. The drug is inactive until converted to active metabolites in the liver. The serum half-life in humans is about 6.5 hours, and both metabolism and toxicity vary with body surface area. ENtreatment kills both rapidly proliferating cells and resting lymphoid cells. This leads to a reduction of circulating small lymphocytes as well as impaired humoral and cellular immune responses. Infectious complications may result. Toxicity is also particularly evident in the urologic system where sterile haemorrhagic cystitis is a common problem. Other include reactions infertility in both sexes. pneumonitis after treatment, and inappropriate secretion of antidiuretic hormone (Gershwin et al., 1974). Intraperitoneal administration of endoxan increased the incidences of lung adenoma and adenocarcinoma, bladder papilloma, and leukaemia in mice (Shimkin et al., 1966; Weisburger et al., 1975 and Mahgoub et al., 1999), and mammary gland adenoma and carcinoma in rats (Weisburger et al., 1975).

Many of the natural substances are used to reduce the mutagenic effect of chemotherapeutic drugs like cyclophosphamide (Endoxan). These substances have antitumor effect beside their protective effect, so they increase the efficiency of the therapy without any side effects on the normal cells (Swellam *et al.*, 2003). Royal jelly, one of honey products, stimulated cell survival, cell growth and cell differentiation and it also had a cytotoxic effect on the carcinoma cells (Salazar-Olivo and Paz-Gonzalez, 2005). Royal jelly has an anti-tumor effect (Bincoletto *et al.*, 2005) and antimetastatic effect (Kimura *et al.*, 2003a).

Sabatini et al. (2009) reported that water content with 60-70 % is the main component of royal jelly. The dry substance is composed of carbohydrates, proteins, amino acids and fats. Smaller quantities of minerals and vitamins are also present. Proteins and peptides of RJ have many effects such as antioxidative (Guo et al., 2005, 2009), immunomodulating, monocyte-proliferation stimulating (Kimura et al., 2003b and Okamoto et al., 2003), antibacterial (Fontana et al., 2004 and Romanelli et al., 2011), anti-inflammatory (Kohno et al., 2004 and Majtan et al., 2010), anti-allergic (Okamoto et al., 2003).

Natural compounds such as RJ with antioxidant and immunomodulatory activity might be useful in the prevention of side effects of EN-induced testes pathology. So, the aim of this study is to investigate the protective role of royal jelly against histological structure of testis induced in mice after endoxan treatment.

### 2. Material and Methods

In the present study six to eight weeks old mature male mice (CD1) of an average body weight (26-30 g.). Mice were apparently normal, healthy and

were kept in animal houses under suitable conditions during the whole period of experiment. Animals were fed on standard rodent pellet diet and supplied with water. These animals were divided into three groups. One group served as control group (group1) and other two groups served as treated groups, one of those treated intraperitoneally with endoxan drug (200µg/kg b.wt.) (Baxter Oncology GmbH Kantstrasse 2 D-33790 Halle, Germany), group 2, and the other (group 3) treated intraperitoneally with endoxan drug (200µg/kg b.wt.) plus oral royal jelly (1000µg/kg b.wt.). The doses were converted from human dose to mice dose by using multiplication factors for dose conversion between different species by Paget and Barnes (1964). After two weeks four animals from each group were chosen for collection of samples and then the experiment completed to four weeks. Testes histology preparations were carried out.

# 3. Results

# Histological observations of testes

Examinations of transverse sections of control testis of adult mouse (Figs. 1 and 2) show that it is covered with a thick fibrous connective tissue, the tunica albuginea. The testis is composed of a large number of seminiferous tubules, which appear as rounded or oval structure. Each tubule is surrounded by a thin basement membrane covered externally by a fibrous connective tissue. In the spaces between the seminiferous tubules, there is an interstitial tissue stroma, consisting of clumps of interstitial cells of Leydig cells . Each seminiferous tubule is lined by a germinal epithelium surrounding a central lumen and lying on a thin basement membrane covered externally by a fibrous connective tissue (Figs. 1 and 2). The epithelium consists of spermatogenic cells and Sertoli cells. The spermatogenic cells include the successive stages of spermatogenesis i.e. spermatogonia, primary spermatocytes, secondary spermatocytes, spermatids and spermatozoa. These are regularly arranged so that the newly formed spermatogonia are next to the basement membrane, while the advanced spermatogenic stages are very close to the lumina (Fig. 2).

Examination of sections of testes obtained from mice treated with endoxan  $(200\mu g/kg)$  for two and four weeks revealed more histopathological lesions in the testicular tissue. The action of endoxan  $(200\mu g/kg)$  resulted in the occurrence of several large vacuoles in the germinal epithelium in the majority of the seminiferous tubules (Fig. 5). In addition, most of the spermatogonia had pyknotic nuclei; lost their reticular pattern and were darkly stained (Figs. 4 and 6). Most tubules showed germ cell hypoplasia, in which the spermatogenic cells are reduced to few discrete layers, so the lumina of the tubules appeared to be wide as compared to control tubules (Figs. 5 and 6). The cytoplasmic mass was also illustrated in (Fig. 3). In addition, the blood vessels in the interstitial tissue and under the tunica albuginea exhibited marked congestion as indicated by their dilation and their engorgement (Fig. 4). The intertubular connective tissue showed distinct signs of hypoplasia and interstitial cells become reduced and scattered between the seminiferous tubules (Fig. 3).

The treatment with both endoxan 200µg/kg and royal jelly for two and four weeks showed that the spermatogenic cells are reduced to few discrete layers, so the lumen of the tubules appeared to be wide as compared to control ones (Figs. 7 and 8). Also spermatogenic arrest at various stages of spermatogenesis was observed in some tubules (Figs. 8 and 9). Exfoliated germ cells are accumulated in the tubular lumina (Figs. 8 and 10). The interstitial tissue became loosely packed around the seminiferous tubules (Figs. 7 and 9). Congestion of blood vessel was noticed in the interstitial spaces The intertubular (Fig. 9). spaces between seminiferous tubules increased (Figs. 7, 8 and 9). Other seminiferous tubules contained several vacuoles scattered among the remaining spermatogenic cells (Figs. 7, 8 and 10). Bi-nucleated cells and multinucleated giant cells were also illustrated (Fig. 7).

### 4. Discussion

The results of the present study on the testis of different experimental groups showed some histopathological abnormalities as compared with the control group.

The present investigation clearly demonstrates that endoxan induced prominent lesions in testicular tissues. The damage caused in the testis displayed variable degenerative changes. These changes included reduction of the tubular diameter. alternation of the general architecture of the seminiferous tubules and disorganization of the germinal epithelium which showed variable degree of degeneration (hypoplasia of the germinal epithelium and spermatogenic arrest) as well as necrosis of the constituent germ cells especially spermatocytes and spermatids. The histological changes included also, congestion of blood vessels, besides the marked increase in the intertubular spaces. Moreover, the intertubular tissue showed various degrees of degeneration of the interstitial Levdig cells. These changes were severely increased by time in mice injected with endoxan. These results are in agreement with many reports (Rezvanfar et al., 2008; Sabik and Abd El-Rahman, 2009 and Ceribasi et al., 2010).



**Figure (1):** Photomicrograph of T.S. of the testis of control mouse showing tunica albuginea (arrow), seminiferous tubule (ST) and interstitial tissue (L). X: 400



Figure (3): Photomicrograph of T.S. of the testis of mouse treated with endoxan  $(200\mu g/kg)$  for 2weeks showing degeneration of interstitial tissue (arrows heads), large space (S) among seminiferous tubules. Notice cytoplasmic mass (Cm). X: 400



**Figure (5):** Photomicrograph of T.S. of the testis of mouse treated with treated with endoxan  $(200\mu g/kg)$  for 2weeks showing seminiferous tubules with hypoplasia (h) in its germinal epithelium, vacuoles (V). Notice large space (S) among tubules. X: 400



**Figure (2):** Photomicrograph of T.S. of enlarged portion of the testis of control mouse showing the successive stages of spermatogenesis, which include, the spermatogonia (Sg), primary spermatocytes (Ps), secondary spermatocytes (Ss), spermatids (Sd) and spermatozoa (Sz) surrounding a central lumen (\*). The Sertoli cells (Sc) are attached by their bases to the basement membrane. X: 660



**Figure (4):** Photomicrograph of T.S. of the testis of mouse treated with endoxan  $(200\mu g/kg)$  for 2weeks illustrating seminiferous tubule with sloughing (SL) and nuclear pyknosis (P). Notice large space (S) among tubules and congestion (C) of blood vessel. X: 400



**Figure (6):** Photomicrograph of T.S. of the testis of mouse treated with endoxan  $(200\mu g/kg)$  for 4weeks showing hypoplasia (h) of germinal epithelium of seminiferous tubules with wide lumen (WL), nuclear pyknosis (P) and large space (S) among tubules. X: 400



Royal jelly (RJ) is a honeybee product secreted from the hypopharyngeal and mandibular glands of the worker honeybees mainly between the sixth and twelfth days of their life primarily for developing and maintaining the queen bee. RJ consists mainly of proteins, sugars, lipids, vitamins, and free amino acids (Takenaka, 1982). RJ has been shown to possess several pharmacologic activities, including vasodilative and hypotensive activities, increase in growth rate, disinfectant action, antitumor activity, anti-inflammatory, antioxidative and scavenging ability, hypoglycemic and wound healing activity, immunomodulatory, and estrogenic activity (Shimoda et al., 1978 and Sver et al., 1996).

The protective effect of royal jelly may be due to its component vitamins, antioxidant vitamins A, E, C, vitamin D and vitamin B complex (Leigh, 1999). These vitamins themselves had anticancer effect (Pour and Lawson, 1984; Liu *et al.*, 2000; klaassen and Braakhuis, 2002; Giovannucci *et al.*, 2006 and Zou *et al.*, 2006) and protective effects against the genotoxicity of chemotherapy and radiotherapy (Parchure *et al.*, 1984; Chen and Pan, 1988; Sarma and Kesavan, 1993; Antunes and Takahashi, 1998 and 1999; Tavares *et al.*, 1998; Konopacka *et al.*, 2002; Gulkac *et al.*, 2004 and Kocak *et al.*, 2004). Royal jelly also contained protein fractions (Salazar-Olivo and Paz-Gonzalez, 2005) that they had also anticancer effects.

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