

The prevention of radicalization and extremism among youth

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Abstract: Radicalization or radicalization is a process by which an individual or group comes to adopt increasingly extreme political, social, or religious ideals and aspirations that reject or undermine the status quo; these procedures can be found in the different forms that teach itself with the group Political, religious and social teachings, Therefore, Not only the prevention of radicalization and extremism is duty of the government but also should prevent such negative tendency before the development of this kind of extremism and radical opinions to the economic and political issues.

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1. Introduction

Nowadays, the evaluation of people is related to the issues such as Health, Financial income levels, Social relations, the freedom of choice, Family, Law and likes of it Spiritual values that determine the behavior of young people contains sections such as the aesthetics, morality, religion, law, education (Spalek, B. (ed.), 2012) ;

This issue proves that The national spiritual values are the certain means of the administrator of ethics and behavior relative to the objects and events in the world and life; although today there are various thoughts about the causes of extremism among young people, But the major reason are such as: The separation of government from people, the social crisis of spread, The violation of human rights, The misuse of wealth, the institutional crisis, in term of the domestic aspect but it can be noted in term of the external aspect to the policies of the superpowers, in the emergence of extremism and the extremism in the targeted countries by the superpowers; the political tendency that exists in the contemporary world is not only effective in the region but also these events are the new part of the globalization of the world such a policy have not only the bad consequences for a state or region but also the national values cause to avoid such consequences; One of the main problems is the appropriateness of National values and Globalization;

The various process are strengthened by the emergence of appropriate conditions which is seen as Human rights activists, supporters of religion, patriotism, and guiding Youth to the radical and religious fundamentalism and terrorism; In some countries, There is the false concept due To the lack of national values to pace with the era or being real Muslim, These ideas are not very close to reality because the national values are not only an obstacle to the progress of society, but also they can also help in this route; Countries such as China and India are the real reason for the claim; Today in our society, the traditional values have changed according to the current

conditions as completely. In the choice of the values should be considered the whole range of the national and social of them. In the case of Evaluation of appropriateness of the types of innovation between the modernism and traditionalism groups in the society should be considered the differences (Bartlett, J. and Birdwell, J., 2010)

1.1. National values as a factor in the inhibition of extremism

The national values can be the strong force as the anti-extremism and terrorism. The values have evolved for each of the nations, depending on geographical, historical and cultural conditions, etc. over the consecutive years and must retain their national characteristic and the only person who has kept their national values; it is possible to coordinate the new value to all national values; In terms of new cultural and spiritual growth and development of humanity, the national values have the great authority; Some of these values are determined foundation of ethics and spirituality in society; It is necessary to determine the values initially; For example, philanthropy is the value that can provide basis for tolerability of hardship and suffering;

The impact of the war conditions in the spiritual life of modern societies, is reflected in very obvious; However, we have retained their culture for the consecutive years; The spiritual decline arises from economic growth and development and depend to it. Therefore, one of the most of national values was the good ethics that decreased and caused most of the miseries in society; one of these miseries is the emergence of extremism and radicalization among young people; But there are also external threatened; its reasons is not only issues that mentioned above; we only can avoid extremism, which relies on its national values and we are along with contemporary society (Paul Thomas.2010). The appropriateness of national and spiritual values is different in various nations; this attribute depends on the activities of each individual in the community in the material and spiritual life; they are

transmitted from one generation to another and become consolidated by conventions in the rule of ethics and contribute to the growth and development spiritual world each of the nations; they have been determined the social, economic, political activity of the members of the community; the ethics are the fundamental tool for development and sustainability of the society; it is the necessary and important matter to all societies to past centuries, for the various nation and provides continuity inextricably of generations; the good morality leads to the dignity and decency of Human, Peace of mind, The dignity of the soul, the lack of harassment of other humans, preventing of futile life, peace of society, the healthy generation, Prosperous family and also of security and peace.

The values in the contemporary society are facing many problems, especially in terms of completely changing demographics; today, however, the educational issues related to national- spiritual values are very important but it is not used to serious research; it should be noted that the national values devote special place to itself in the systems of culture; the customs of the society constitute the foundation of values in society; the large part of customary that today our people are committed to it, is same issues relating to Islam; their formation and change are dependent on the social function of religion.

2. The Basis of national-spiritual values in Tajikistan

Our the national- spiritual values basically evolved around two the Aryan and Islamic historical civilization; More than 70 years of Communist domination also influenced the formation of the modern youth and Factors such as the citizenship war and a new form of social relations; The youth can be divided into the following groups Based on the desire to national - spiritual values: The first group, the group that is important the general human values for them, The second group of young people who are affected more than the national values The youth can be grouped according to age and in terms of value orientation :

The age groups include young people from 15 to 18, from 18 to 20, from 20 to 30 and from 30 to 35; the Our youth of value orientation are different according to their gender; The most important excellent value for human is health that the most important excellent value for human health is that unfortunately has been forgotten this important issue, not only in the young people but also in adults Generally , the 9 factor of the 10 factor of our bliss depends on health; Many people do not realize the importance of good health, and even if they do, they may still disregard it.

Whether we work at home or in an office, we need good health in order to perform our duties well. When people talk about health, they usually refer to the condition of the body. However, health does not merely

mean being free from physical pain or the symptoms of disease.

The mind is of crucial consideration in the overall assessment of wellbeing. The necessity of good health is not limited to a particular religion, caste, creed or gender. Most diseases have their origin in mind, or the manomaya kosha. A person can be said to be healthy when his or her body is healthy and the mind is clear and calm. While many people may not have material problems, they may be unhappy or agitated at the psychological level. They may suffer from insomnia due to stress, or feel depressed, irritable and aimless. All these are the result of an unbalanced mind.

Unfortunately, most of our attempts to become happy relate only to the body. We strive for materialistic ends, such as lucrative income, status, a big house, an expensive car, jewelry and so on, because we believe these things will make us happy. Seldom do we give attention to our mind and soul, which the time and resources we spend in trying to fulfill our physical needs and desire, we are still unable to achieve lasting peace and happiness through the satisfaction of bodily needs. This is because we have not learned how to listen to our mind and soul.

These values are partly lost among us youth and led to much misery of community; if our youth pay attention to the body and the lives certainly did not want to radicalism or as extremism; So that in the this regard say a healthy body has healthy mind; Moreover, it should be noted that One of the major risks that could harm young people is lower levels of knowledge and teachings and reduce the level of knowledge in the young people;

Today the main reason for the emergence of these problems among young people are the loss of values such as books, libraries, archives and Industry and modernity, creating new and international languages, the national and artistic events such these that constitute the physical and mental abilities and skills of our national, Our the Spiritual values are not immediate, But there has been during many years and over the centuries in the shadow and light of religion and tradition and customs in different parts of society at the national level;

Hence, we maintain our heritage by tradition, the Proportionality of the national and spiritual values can cause the development of society; Unfortunately, the reading the book has been lost as a value among youth; One reason for this reduction is the access of youth to the Internet; the Internet causes the impatience of youth but the study causes the development of insight and also enriched the worldviews of youth; However, the Internet is been damaging to health; people soon tired; The youth acquire information about the radicalization via the Internet

3. Strategies to preventing extremism

In the prevention of youth extremism, play a major role State officials and family members, especially parents; in our society, mothers have the most role in the upbringing of children (Wedlock, E.2006)

The emphasis on the role of families and communities in identifying early signs of violent extremism is also underscored by lessons learned in disengaging and de-radicalizing members of violent extremist organizations, whether white supremacist or Neo-Nazi gangs, ethno-nationalist separatists or religiously inspired groups.

These experiences have underscored the critical role that mothers, fathers, siblings and social networks can play as a conduit of values and traditions, and particularly in shaping the worldviews of children and youths.

This also provides valuable opportunities to detect early signs of support or engagement with violent ideas and activities.

At the same time, experts have also noted that families can also be supportive of violent extremist groups and ideas, and may in some cases provide an enabling environment for young people to join extremist groups. Religious and traditional cultural leaders are often trusted community members that are positioned to offer support and guidance to families or potential extremists. Moreover, they are often well placed within communities, in terms of community relationships but also a physical presence In particular, participants noted the positive role that family members may play in preventing or countering violent extremism. The experiences of several practitioners working in contexts as varied as northern Europe, the Middle East and Southeast Asia has demonstrated the important role of families and social networks in ensuring in many instances the success(Virta, S. 2008) de-radicalization or disengagement programs. Participants also discussed that families of former violent extremists are also particularly critical in the rehabilitation process. "Family days" in prison settings have been effective tools to reengage families with detainees in a structured

and supervised environment. The roles of spouses and partners were particularly highlighted in these processes, noting that women have a powerful role in shaping the rehabilitation and reintegration process of male violent extremist offenders.

Conclusion

The main causes of radicalization among youth should be considered related to the following factors: Socio-economic; Socio-cultural and sociological; the cultural – National, Institutional – legal and the influence of external powers; According to the mentioned issues can be concluding that should be noted the life and activities of our youth; However, unfortunately, Organizations has not been established related to young people until today; There is not also the socio-political and economic program to attract the youth; This program should be considered according to our national value.

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