**The role of mothers' schemas on adolescent girls' sex education**

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**Abstract:** Among the family members, the mother can be for a child usually spends more time with him and it is the first coach he can be considered the most important person in this field. On the other hand, the mother's lifestyle can be seen from his scheme.6 students and their mother were interviewed. The data were using analyzed qualitative content analyzer. The findings descript mothers schema play a critical role in several aspects of how they do the sex education of their young daughters. Mothers' schema also is significant in the attitude of students to marriage and gender role. Furthermore findings show mothers schemas play a critical role in how to she answered their daughters question about sex, the reaction to their puberty, and the characteristics of this period such as the tendency to communicate with opposite sex.

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**1. Introduction**

It should be noted that sex education is not only individual issues and social issues involved, so one of the social goals of gender training, preparations for a successful and lasting marriage. However, according to Saadatmand study (2011) in our country, located high volumes of divorce rates, sex is related to ignorance. On the other hand, according Farmahini Farahani (2007: 44), despite the fact that puberty begins earlier in girls than boys, but boys than girls arrive at their sexual power.

Salvati and Yekeh Yazdan Doost (2010), a closed-memory scheme that it theme of the teachings of one's time, you know (Salvati and Yekeh Yazdan Doost, 2010). According to Yang, the schema, which plays a major role in the thinking, feeling and behavior of the game, they are formed early in life and continue to impose themselves later in life experiences (Young, 2007: 29). Even if the person should be an adult in another, the two hands of the same beliefs, values and expectations of your child's family and stick (Siegel, 2005: 30). Although much research has been done in the field of sex education, but each of them is a different perspective of the present study have addressed this issue.

Nikmanesh and Khosravi (2007) in a study to investigate the role of family in teenage sexual behavior, found that family functioning such as warmth, acceptance, control and development of the family (natural families, lack of parental addiction and parental involvement in risky behaviors) in the prevention of risky behaviors in adolescents is an important. Study of Gender is the importance of warm relations with admission, a positive and effective model for girls and for boys, as well as effective control of protective factors show.

Because sexuality, especially during adolescence and early youth is one of the most important issues, the importance of this topic at this time than any other period, why is that important needs, including breeding adolescence is identity and what is important in the context of sex education, sexual identity is its foundation poured during childhood and adolescence continues. In this context faqih (2009) states that some problems, such as sexual dissatisfaction during puberty are also largely have origins in childhood. In general, with regard to the importance of sex education as a form of education, the role of education and the establishment of true sexual identity in adolescence, the importance of family, especially mothers in the development of better sexual education of children and their families that their mental health in the future, the importance of this issue is twofold. Finally, the importance of sexual education of girls and mothers schemas, various effects of the scheme on marriage and parenting and have children and do a little research in this area in the interior of other aspects of the research. In fact, this research seeks to answer the question of what role schemas mothers of adolescent girls have sexual education.

**Research Tools**

According to a study that examines the role of women in training schemes teenage girls sexually, in the research of two questionnaires and interviews were used.

In this study, semi-structured interviews were conducted, so the interviewer during the interview on the basis of change in the interviewee's answers to questions caused to achieve the desired response.

Open-top interview questions and research and in relation to the subject and based on studies conducted by the clergy (1388), which introduced the concept of sexual education, including issues such as: Parental attitudes toward sex (female and male) and their children the way their parents according to sex (female and male) children, including how they dress and responsibilities that are entrusted to them, child sexual answer questions, attitudes toward marriage and heterosexual parents, aware of the changes during puberty and marriage of children, adolescents and young people to get married and get them ready to Karen married and parenting tasks has been made.

Interview questions based on the 5-axis and in relation to each of the above components was prepared, in order to collect data more accurate, deeper and more complete is possible. It is worth mentioning that determines the sequence of the axes, their sensitivity. In other words, the researcher tried to ask the questions that are less sensitive and less privacy to aspire to the post of communication and establish a rapport with the interviewee, can ask questions about sensitive issues provided. The final interview questions raised in connection with the scheme is based on the concepts. A total of 27 questions interview questions for women and for girls was 22 questions. The validity of interview questions by academics and specialists in this field was confirmed. In this way the interview was conducted initially on a pilot basis and finally with the amendment made by the professors questions were designed to do interviews.

Question 4 (mothers and daughters): "The woman (girl) what do you think of? What is the definition of a woman (girl) do you have? ". Results of responses to this question indicated that some definitions (codes 1, 2, 4 and 5), based on the characteristics of the female gender expression, some definitions (codes 3 and 6) on the living conditions and in relation to the problems in life.

Question 5 (women): "Before children account you want your child to be a girl or boy? Why? ". Analyzing the responses provided by the women showed that a mother (Code 2) friendly male, for 2 mothers (codes 4 and 6) and it does not matter, code 1 is the mother As I explained earlier, if the problem of abortion did not want the first child is a daughter, a mother (code 3) also like the first child is a girl. The whole reason to have three mothers, so that one or more compassionate than mothers of girls and help more, he cites (code 1), code 2 love another man like her husband is also 3 codes as his daughters because he has created a desire for a daughter.

Question 5 (girls): "In your opinion, should the boy or girl (in terms of physical appearance, social relationships, occupation, responsibility which is neck especially after marriage)? What makes you so? ". According to the responses showed that 2 females (code 11 and 33) boys being better than girls to know and reasons such as being more vulnerable than girls, emotion and rationality of boys, girls, poor girls being more, not having the right to divorce as well as the dangers that threaten the girl (by saying the word "wolf") are described; 2 time (code 44 and 55) do not give priority to their son or daughter and that any kind of good. Note the response code 55 is the "delicacy" of the girl knows a good reason, but the boys "freedom" which, in fact, related to social and cultural circumstances and not a "male characteristics" as a reason for the boy makes good, the two of them together (codes 22 and 66) of the girls better than boys know that, but for different reasons. Code 22 felt the girls (the case that some of the girls, such as Code 11, it is considered a weakness for girls) because of the better girls and boys Code 66 heavy responsibility to cover the costs of living after marriage speech.

Question 6 (women): "When you know your child is a girl (the daughter of the research is that the researcher noted his name in the question mothers) how did you react?". In response to the question of 3 women were happy. - Analysis of the second question concerns the attitude of the parents toward appropriate treatment methods are based on the sex of their children. The mothers of the three questions and three questions were asked of the girls.

Question 10 (women): "Why did you get married? What was the goal of marriage? ". Mothers' analysis of responses to this question showed that the overall objectives of married mothers are 4 main reasons are: 1. achieve dreams like to makeup, wearing custom, the cap (official in the Turkmen), who took over the bride (code 3 and 6); 2. Run the Sunnah of the Prophet (PBUH) whose mothers have mentioned codes 1, 2, 3. obedience to parents whose mothers codes 3, 4, 5 and 6 have raised it, satisfying the human need to have companion and independence (Code 1) and the underlying norms (codes 1 and 3). The responses showed that none of the women had married defined purpose.

Question 9 (girls): "Would you like to marry? Why? (What is your goal to get married?) ". Results of responses to this question showed that all girls have a desire to get married eventually. In general it can be said that the common view of life or lead to divorce or with the idea that he is in violation of the terms of their marriage, adversely affect the attitude of some of the girls have as far as the answer to the question, but in continuing breach and the circumstances have expressed their desire. It seems this kind of response showed his skepticism toward marriage that has been influenced by family and social factors. Question 11 (women): "Have you ever been married to a woman (responsibility that falls upon marriage to a woman's neck, such as pregnancy, lactation, etc.) and not as a result of family disputes, you regret? When and why? ". The result showed that mothers answered all these questions is negative and a responsibility of parenting does not have a negative impact on the attitude towards marriage. Question 10 (girls): "Would you like to become a mother? Why? ". According to the girls' responses to these questions, they can be made in three categories.

1. Those that is always willing to motherhood (code 11, 22 and 33). The reason they are interested to experience the feeling of "being a mother".

2. A code that does not love the mothers and 44 were negative, due to inability to handle problems related to foster care has not come.

3. Answer some time (code 55 and 66), which is still some time, according to the description can be downloaded the difficulty of parenting them in some cases the doubt in this regard.

Question 12 (women) and (11 girls): "What do you think about this idea? "Some believe that marriage is an outrage and a friendship with the opposite sex slavery is better than marriage. First, it needs to be fixed because humanity and responsibility, and secondly, at any time and for any reason you do not want your relationship to be built can be with anyone else. In other words, say we disagree with the women just want to adhere to a man and a woman should be able to feel good about her relationship with any man who has sex even "».

The results of the analysis of the responses showed that all mothers have opposed this and the reasons for their opposition have been expressed, including response analysis showed that all mothers opposed this, and the reasons for their opposition have been expressed, including: 1- committed and adhere to one another (codes 1 and 3) in marriage; (2) the creation of libertinism in society, companionship (code 2), (3) a legal marriage and illegitimacy of camaraderie communication (code 3, 4). This sermon with words such as contract (code 3) and privacy and tradition of our Prophet (code 5) also states, 4 draw and customs, cultural conditions (code 6) and the bad judgment (Code 4).

Among girls, codes 11, 55 and 66 clearly opposed to this code 22 also did not respond. Reasons included: (1) lack of knowledge, lack of commitment, seeing the damage (physical and mental) when a code is mentioned 11 reasons; 2. The security for others to judge behavior in marriage and choice of spouse were made by codes 55; 3. The lack of clear purpose in friendship and keep the important things in life were expressed by codes 66; 4. Code 44 also expressed agreement with the camaraderie and because it's not repeated and that it is temporary; 5. Finally, Code 33 also agreed camaraderie that leads to marriage, because of the familiarity with the goals, attitudes and behavior of boys and prepare for married life presents.

Question 12 (girls): "Do you think the relationship between father and your mother and your mother's life, what effect has this vision, please explain." While code 44 at 6 years old, his father was lost, so the question was not asked. However, based on answers given by other girls can be found on the following points:

1. The relationship of the parents at home in attitudes towards marriage and married life has a great impact, note that this effect is achieved more by observing the relationship between the parents. 2. The statement merely repeated retelling of life's problems by parents can have a negative impact on the attitudes of children toward marriage. This seems to be due to a combination of good and bad in life, to prepare children for life, say both of these approaches is more appropriate.

As we see in some cases, girls studied the influence of their mothers and fathers and mothers about their views toward marriage are evident. For example, codes 11 and 22 responded this way.

Question 13 (mothers and daughters): "for women after marriage are at least three job roles, mother and wife to be defined. How do you prioritize your tasks and roles? Why? ". As the results showed the maternal role and tasks has higher priority than family social roles. The girls were also observed in response to a higher priority than the rest of the 44 codes for the family, but the wife and child (code 11 and 66), the role and duties of a mother (the child) will know their first priority. In general, and mothers and daughters can be found by comparing the response of the current living conditions of girls and the type of relationship they have with their mothers prioritize them plays an important role. For example, 66 code mothers put first priority. Because of the relationship with his mother is satisfied and the code given that his 11 employees and is lower than in the home so that it does not eliminate the need for the presence of the mother, prioritize your top priority is placed on the mother, but the mother said the family comes first for him. Question 14 (women): "Are you on these issues (roles and responsibilities of women) talk with your daughter?". The results of the analysis of the responses showed that mothers with daughters in this communication speak, but the difference is in the manner of expression and the kind of issues. 1 code words once again the gap between him and his son, but he will not admit it, or at least admit it to a researcher. Question 14 (girls): "Would you like to be working in the future? What criteria are considered for the job? ". Analysis of responses shows that girls tend to engage in some ways and for different reasons. 11 In this case, the code is skeptical because he said his mother's lifestyle but his desire for financial independence is employment. In fact, all the girls in the form of income and financial independence as a result, had his reasons, however, the next priority for other reasons, such as public service (code 33), entertainment (Code 55), with the rank and status (code 55 and 66) have also been mentioned.

**Discussion**

As can be seen mother and daughter in this totally agree that this is a sign of the faith that they have in relation to this issue.One can cause the mother to replicate its success in marriage and family said. "Peace" in the family due to respectful relationships between all family members to research and understand the visible proof of this claim. The role of mother schemas rain can be explained by the theory of observational learning. As noted above, one way of learning Bandera, imitation is sometimes known as the titles of replication or model during which sexual behavior and other factors, socialization by parents and child modeling of these patterns will imitate.He believes that most of the good or bad behaviors by imitating the behavior of others are learned. According to what was said about the survey can be downloaded as maternity scheme effective role in the attitude of teenage girls to have sex, so that it can lead to satisfaction or dissatisfaction of them.

Another of the issues of concern is in relation to sexual education attitude to marriage and gender roles. Went on to explain that is according to the findings of research topics to be discussed.Among the findings was that the two families studied parent relations at home in attitudes towards marriage and married life has a great impact, note that this effect is achieved more by observing the relationship between the parents.For example, Code 22 and 55 to answer the question "Do you think the relationship between father and your mother and your mother's lifestyle is what affect the vision to marry?" The responses also indicate that learning Find a way to replicate that in a few lines ago, it was described. This is clearly confirmed in response to Question 22 code end of the interview (the most influential person in his life) can be seen.According to what was said can be downloaded as maternity scheme, the students' attitudes toward adolescent girls to marry and thus their willingness or unwillingness, it also plays an important role.

Other issues of concern in relation to sexual education, gender roles are discussion. The findings in this field, as stated in the results is that the current living conditions of girls studied and the type of relationship they have with their mothers in prioritize them about gender roles (mother, wife and career) plays an important role. According to Yang, root development early maladaptive schemas adverse childhood experiences there. Schemes that are soon to come and usually most powerful, nuclear families are derived. The failure was unfortunate experience firsthand the needs and noted that when this happens the child will not have a pleasant experience. And this led to the formation of schemes such as emotional deprivation or abandonment because of defects in the original environment, because the environment of such a child, stability, understanding or love does not exist. The results, based on responses in the case of women and girls one of the most important people in the life of the mother, which plays a major role in choosing their lifestyle.

**Conclusion**

Lack of access to research carried out in this field, sudden events, such as illness or death of family relatives who had been prevented from doing interviews and resistance in the response of the limitations of this study. Also according to the findings, the following suggestions for future research will be presented:

- Due to the many factors involved in sexual education offered to complete the findings, the role of other factors such as mass media, such as film and television, books (including textbooks and curriculum, such as novels) and content of formal education at different levels of education even higher education, is more specific and more in-depth-analysis and, if necessary, pathology and take necessary measures to eliminate the damage done.

- It is recommended that this be done in the case of young boys on the role of fathers. The reason may be that many differences between the generations can be seen especially in the areas of responsibility cover the costs of living in the new generation we see even realized.

- Seems to be taking measures such as fair distribution of services and recreational facilities, educational as well as further grounds for the success of women in the various scientific, social, sports, etc. can cause self-esteem and in his thus satisfying the sex and gender roles is the best possible.

- According to the mothers of the study can be found that one of the shortcomings of sex education for girls and their lack of awareness of teenage girls are content and method for the community in connection with this problem. This indicates the need for assistance and the efforts of experts in this field.

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