

Whiskey Treatment to Fight Virus

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Abstract: COVID-19 or, called Virus hereafter, has caused tremendous damage on Earth, and some people are still in panic about it. To treat an illness, we need to know its cause. Virus is made in China. The virus lab in China has conducted gain-of-function experiments, and researchers at the Wuhan Institute of Virology, China, became seriously ill from the Virus in the fall of 2019

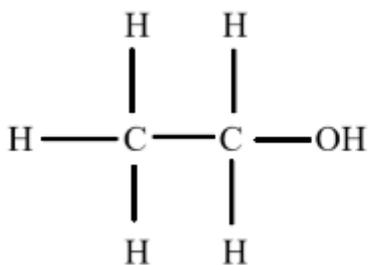
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COVID-19 or, called Virus hereafter, has caused tremendous damage on Earth, and some people are still in panic about it. To treat an illness, we need to know its cause. Virus is made in China. The virus lab in China has conducted gain-of-function experiments, and researchers at the Wuhan Institute of Virology, China, became seriously ill from the Virus in the fall of 2019 (White House, 2025).

The Virus enters the human body through respiration, following the path nose or mouth → windpipe → lungs → blood/circulatory system. It basically makes humans short of oxygen—like drowning in water—and, in the worst cases, can lead to death. The structure of the Virus or COVID-19 is complicated and has no single chemical formula. Its diameter is about 100 nanometers (Cuffari, 2021). The diameter of bacteria is about 1,000 nanometers (Wikipedia, 2025). 1 meter = 1 billion nanometers.

Whiskey—chemical name ethanol—has the chemical formula $C_2H_5(OH)$, for a total of 9 atoms. The structure of ethanol in Figure 1 is shown below (drawing by author).



The diameter of ethanol molecule is about 0.5 nanometer (Lab Alley, 2025). We all have life experience that medical alcohol, ethanol, putting on skin kills bacteria after we feel pain from the skin. So this 0.5 nanometer ethanol is able to kill bacteria with

1000 nanometer diameter. If we let ethanol meet virus, including Virus with 100 nanometer diameter, it should kill Virus as well.

Medical alcohol, having formaldehyde, is harmful for body, and cannot be used inside human body; cannot inhale or smell it. Only alcohol that human drink is suitable. The ethanol content of beer, about 5% proof, is too low. That of wine, about 12% proof, is also too low. Only whiskey in America, with its ethanol content over 50% proof, meaning most of the liquid is ethanol, is suitable.

Then how to make whiskey, containing ethanol, meet Virus in human blood? Drinking/swallowing whiskey does not work because it goes through human digestive system, like liver and is no longer ethanol when in human blood. The correct way is inhaling/smelling it by nose and inhaling it by mouth, with liquid not touching mouth, because human sometimes use mouth to breathe. This way we cover both nose and mouth. You see the path of inhaling whiskey is the same as Virus entering human body: nose or mouth—windpipe—lung—blood/circulation system. In this treatment, ethanol in human blood, not going through digestive system, is still ethanol, and should meet Virus along the way and kill Virus along the way.

After 2019, when one goes outside home, back home, one should put 1 gram or 1 milliliter of whiskey, in glass, and then with glass touch lips, inhale/smell whiskey in glass 18 times by nose and another 18 times by mouth, total 36 times. This is called Whiskey Treatment. 36 times a day is rough number, but we advise do not go over 100 times a day. A bottle of whiskey like this can often last 4 months for one person. If one does not go outside for the day, then one does not need to do Whiskey Treatment that day. The whiskey and the glass look in Figure 2 as below (Picture by Author).



Why 18 times by nose and another 18 times by mouth? Because human breathe about 18 times a minute. Going outside for several hours, human might encounter one infected by Virus for 10 minutes, and might have breathed Virus $18 \times 10 = 180$ times. The distance between two people talking should be around 1.5 meters, meaning the distance between Virus and human about 1.5 meters. In our treatment, the distance between whiskey/ethanol is 0.1 meter, the height of the glass. By Wei's Theorem, Inhale amount = Constant*Inhale Times/Distance. Based on above information, find inhale amount of Virus and ethanol respectively. Is inhaled ethanol in Whiskey Treatment enough to kill the Virus?

Solution: Inhale Amount virus = Constant*Inhale Times/Distance
 $= \text{Constant} \times 180 / 1.5 = 120 \text{ Constant}$

Inhale Amount ethanol = Constant*Inhale Times/Distance
 $= \text{Constant} \times 36 / 0.1 = 360 \text{ Constant}$

Inhale Amount ethanol \gg Inhale Amount virus

Thus, inhale ethanol is enough to kill all the Virus of that day.

Some people wonder we feel pain when putting medical alcohol on skin to kill bacteria, which makes sense, but in Whiskey Treatment, we including myself feel nothing in the blood vein. Because blood vein of human does not have any nerve. Whiskey Treatment is both treatment and test. Whiskey has pleasant smell. When doing Whiskey Treatment, one feeling the pleasant smell of whiskey should mean one is healthy; unable to feel it, losing the sensation of smell, should mean being infected by Virus to some extent.

Money cost of Whiskey Treatment: About \$50 a year per person. Time cost of Whiskey Treatment: 36 inhales can be within 1 minute. So 1 minute a day. The cost is affordable. I have been doing Whiskey Treatment on my body from 2020 to now 2025. During the 5 years, Virus has not made me seriously ill. A good thing of this treatment is that it does not have side/negative effect upon human because whiskey has been human staple drink for hundreds of years. Every American should maintain a bottle of whiskey at home to stay healthy.

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