My own experience in treating brain cancer, pain, ankylosing spondylitis and other diseases

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Abstract: It is important not to mistakenly believe that viruses cause cancer cell overgrowth. Long term use of radiotherapy and chemotherapy inevitably requires patients to receive intravenous infusion to form a new molecular structure of the body, in order to ensure the survival and recovery environment of living cells. The human body is a complex system, with high and low water levels, high and low water temperatures, fast and slow water flow rates, and injection of water into the skin. The effects of drinking hot water that is processed by the stomach on chronic patients are vastly different in the long run. Water can relieve pain, but it can worsen the condition. If the long-term abuse of hanging water infusion and the entry of small molecules of water and drugs into the skin, centripetal rotation will evolve into a new genetic consequence problem.

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How can cancer not be cured? Science speaks with data. For example, to understand fish living in water, the water they drink every day is affected by various harmful industrial wastewater and flows into rivers and oceans. In order to survive, there are also problems such as fighting for food. However, the high temperature generated by the pushing, friction, and heat inside the fish's body is indeed cooled by the water. Therefore, the food eaten in the fish's belly is not burned by the high temperature and evolves into more nutrients. For example, white blood cells, red blood cells, water, sugar, fat, protein, mixtures, etc. are in the fish's blood, and the fish grows faster day by day without developing cancer.

But it's not because fish don't have lungs that they don't have cancer. It is also the single-circulation system of fish blood. If the white blood cells engulf the divided or apoptotic cells in the fish body, the debris, so the waste stored in the fish blood is less, the white blood cells are also changed once every 7 days with the cells, or once every 28 days with the blood cells, and are excreted by the blood single circulation system. Fish don't get cancer.

In addition, wild bears are kept in zoos for tourists to enjoy. They are subjected to more mental stress and eat more food from tourists. Within a few years, they develop cancer. And the wild bears in the natural forest, none of them got cancer. There are thousands of world magazine, Canadian scientists studied Salome prostitutes for 10 years, why did not work for 20 years infected with AIDS, was shut down a few years later at home but gave birth to AIDS.

To answer the question more clearly, first uncover how cells evolved? The mechanism of cell membrane rupture? And the evolution of genes and other issues? As shown in the comparison of the elliptical diagram with the cavity field inside the heart, diffuse gas spirals into the upper part of the cavity inside the heart, such as gas or small molecules on the magnetic attraction surface field, causing turbulence and accelerating from top to bottom on the expansion force surface field and regenerative force surface field. The mass of gas or small molecules is replicated during acceleration to generate more centrifugal force and also gain inertial force. Therefore, the gas crosses the magnetic repulsion surface field and impacts upwards towards the gravitational surface field. [See the figure below]

Ellipse movement trend chart (See the figure below)

Due to the lack of energy replenishment in the upward movement of gas, it is instead subjected to opposing frictional forces and gravitational forces

on the gravitational surface field, which consume the forces of motion. Therefore, the upward movement of gas slows down, contracts and bends into an elliptical motion towards the centripetal force surface field. Therefore, the force of centripetal force was obtained to assist.

Just like a table tennis ball falling from a height of one meter onto a hard ground, with a rebound loss of about twenty centimeters each time, but this height still exceeds the radius of the center of the one meter high circle by fifty centimeters. Like the circular outer circle evolved from cosmic radiation, it marks the birth of a quantum.

Represent the outer ring of the cell as the outer shell, and then set up a large cavity field inside the cell, such as the process of mass centripetal rotation. Set up six different force surface fields and a unified field at the center of the cavity field Usually, when solving problems, objects that occupy or consume a lot of energy, such as the Earth's rotation pole, the center of an atom, the central government of a country, or a living frame structure such as a person, are used. It has a unified [field] function for positioning. In this way, it is possible to determine the mass, speed, distance from the center of the galaxy, or changes in the position of the planet in the galaxy around it. Accurate mathematical calculations or explanations can be made for problems such as the rich and the poor. I also know who has the highest living mass, and who is the unified field effect in such a place.

The center of the regenerative field, which is evolved by the centrifugal force of the system, is called the center of the regenerative field that replicates more energy. Or like the tilted poles of the Earth.

This small circular hole field at the center is the turning point and mutation point of the positive and negative fields, indicating that it is a magical intelligent regeneration field that combines mass and space. The centripetal force is small, and the airflow entering the center of the field and subsequent small molecule dust can only be vortexed into clusters. When the centripetal force is large, this field transforms into greater vortex suction and gravity. Therefore, objects accelerated by vortices into the center of the cavity are thrown out of motion by the centrifugal force of the system.

What kind of tool is to replicate the mass, forces, velocity, time, location, and use of motion in this place to generate more energy, and then flexibly apply existing laws and equations of physics and Professor Wang Yiping's circular logarithm to solve problems in theoretical physics. It is known that there are small holes between small molecules and large holes inside the shell after the binding of substances. The presence of cavities has three functions: on the one hand, it causes differences in temperature and pressure inside and outside the cavity of the shell Some patients receive intravenous fluids every day, including small molecules of drugs and fragments of apoptotic cells, which are stored in the low-temperature eccentric cavity field inside the cells during centripetal rotation.

This eccentric cavity field, like the length of a lever arm, is a field that replicates more energy. The airflow and substances entering the eccentric cavity field, regardless of their quality or quantity, including small molecules of suspended water and intravenous drugs, are vortexed into clusters. Due to the conversion of temperature during the acceleration of vortices, small ball like clusters are transformed into large empty shells of proteins. The small molecules outside and the large empty shell of the gas oriented protein are vortexed into cyclonic clusters and evolved into so-called viruses in the low-temperature eccentric cavity regeneration field. This new cell has evolved into a fully functional three-dimensional sphere, which not only replicates more energy on its own, but also has the ability to transform.

But later on, more diffuse gases, water molecules, and cells evolved into genes through centripetal rotation. There is a rotating arm that rotates centripetal. There are also six types of force surface fields on the eccentric hole field that vortex into genes. Qi, along with small molecules and cells, is replicated by centrifugal force to produce more energy. When throwing out the eccentric hole field of genes, it also evolves into another centrifugal force arm The name of medical theory is that the human genome, consisting of one X chromosome and one Y chromosome, contains approximately 3.16 billion DNA base pairs. A base pair is a pair of matching bases.

There are about 10 trillion cells in the human body, and each cell contains a DNA sequence of 3 billion base pairs, which contains approximately 70000 to 100000 genes. There are about 35000 functional genes with gene expression ability, proteins. And the large amount of oxygen required for cellular metabolism.

But genes do not have the ability to make accurate mathematical calculations on the force

surface of various positions around them, such as mass size, speed of movement, and distance from the center.

So genes do not have the function of transformation, they are just a tool like a photocopier to copy more copies of the same document. Not a machine. If researchers do not invent new drugs through systematic research, interventions such as cancer treatment can cause some tumor cells to die prematurely. Or in neurodegenerative diseases (such as Parkinson's disease) or life-threatening diseases (such as sepsis). This approach may cause premature apoptosis of some cells by new drugs. But this use of new drugs to modify genes The medication used in the intervention process may have potential side effects It may even interfere with immunity.

Due to adults, approximately 30 billion cells die every day, of which 1% to 10% are cancer cells. In other words, everyone has cancer cells. Adults evolve millions of cancer cells every day. The growth and death of cancer cells, like the growth and death of ordinary cells, are as natural as clouds floating in the sky.

Cells are replaced every 7 days, blood cells every 28 days, and bone cells every 7 years. New cells are human stem cells that continuously replicate various cells in the human body. When stem cells weaken, a person begins to age. Only brain cells in the whole body remain unchanged for life, and adult brain cells will only decrease and not increase again.

The food and hot water that people eat and drink every day are processed by the stomach and turned into gas, which is transported to various parts of the body. For example, centripetal airflow enters the heart and is replicated by swirls into several new white blood cells. Because the white blood cells are small in diameter, there is a lot of airflow into the heart, far away from the heart center, heart So it's like spinning a sesame stem and a bamboo stem into many white blood cells at once White blood cells engulf a lot of debris. When pushed out of the heart by centrifugal force, white blood cells engulf a lot of debris and evolve into gas, which is pushed and rubbed by centrifugal force to evolve into high temperature and pressure. Gas evolves into elements like iron, which are pushed out of the heart by centrifugal force and evolve into more red blood cells stored in the human body. People have a spiritual life and work.

As boys and girls eat more and more food every day, the gas inside their cells is evolved into small molecules by high temperatures. More small molecules are stored in the eccentric hole field of cells. This cell has evolved into a high-energy medical term for cancer cells, or into a cancer virus. And later evolved into many cells, cancer viruses spiral into the eccentric hole field of genes More cells and cancer cells are replicated by genes and thrown into the body. Like a child growing up day by day. The food that children eat every day will inevitably evolve into an excess of miscellaneous items in their bodies. Just like how when a mobile phone goes online every day, there is too much garbage and other issues, and without cleaning up the garbage, it becomes inconvenient to access the internet. It gave birth to a cancer virus.

If someone is under a lot of mental pressure and gets cold and sick. When their own mother is pregnant, they experience high mental pressure, hard work, lack of nutrition in their daily lives, and even environmental pollution. The evolved airflow spirals into the heart and is replicated by vortices into several empty shells of white blood cells. When thrown out of the heart by centrifugal force, it cannot convert into high-energy red blood cells, which are inherited by the next generation and are prone to leukemia in future children.

Some wealthy women also eat more and better nutrition Still lacking in exercise, and unwilling to donate extra money to help the poor, these toxic gas flows exist in the body, creating a centripetal vortex that replicates into a small tumor of fat. They exist somewhere in the body and grow into fat tumors due to centrifugal force caused by the daily airflow of the body's obesity. In addition, some people have itchy skin and constantly scratch their dirty hands, which can cause external symptoms such as boils to grow on the skin, or if the infusion is too fast, it can lead to problems such as water lumps at the infusion site.

As shown in the first picture, the orange tree produces large fruits, which are the same as the six force surface fields on the ellipse diagram. Each force surface field also has three types of energy, large, medium, small, and how many small molecules are replicated. As the external hot air flow and small

molecules rotate centripetal, they accelerate into the center of the large eccentric cavity and are converted into centrifugal force by the system. When they are thrown out, the magnitude of the force each time forms a series of centrifugal arms in the large cavity, which are matched and transported to various field forces inside the fruit. They are pushed and rubbed by the fruit day by day, evolving more water and small molecules Like nuclear fusion, all small molecules and proteins occur simultaneously, accelerating the growth and maturation of oranges day by day, and oranges can be eaten.

The second picture shows the airflow at the root of a tree, which is determined by the amount of energy and the magnitude of the applied force, as well as the speed, duration, and geographical conditions. Firstly, the centripetal hot airflow grows a bud and evolves into half of a leaf. The converted centrifugal force is thrown out, and not only the other leaf evolves into half of a centrifugal blade, but also the movement of the airflow on this branch causes surrounding leaves to grow one after another and evolve into branches. However, it does not grow symmetrically tall, but is arranged in an elliptical pattern upwards around the tree. Because the growth of trees also follows energy conservation. The first picture above is a real orange cut open and photographed.

The third and fourth images are all pictures of the novel coronavirus pneumonia. The last image shows cancer cells

Generally, children have lower blood viscosity, while elderly people have accumulated more small molecules, red blood cells, white blood cells, platelets, water, sugar, fat, protein, potassium salts, and calcium salt mixtures in their bodies over decades. The evolved blood has a relatively high viscosity, making elderly people prone to diseases such as arteriosclerosis and high blood pressure.

Moreover, an increasing amount of dust from cremation and burning of corpses is rising into the sky and spreading downwards into the air, being breathed in by plants, animals, and humans. Before China's reform and opening up, there were Japanese dignitaries at the Daming Temple in Yangzhou When implementing the matter of the war monk's first visit home in a thousand years, after tasting Yangzhou specialty Pingshan green tea, he asked the tour guide if there was a crematorium here? Because there is a smell of cremated corpses in the tea. The tour guide contacted the Foreign Trade Bureau, and after investigation, it was confirmed that Pingshan Tea Plantation is behind Daming Temple There is a small crematorium on the hillside not far away. Immediately relocate the crematorium to Xiaomao Mountain, which is far away. From then on, foreign guests said that Yangzhou Pingshan green tea is green in color and has a fragrant taste, making it a really good tea.

There is an ancient saying in traditional Chinese medicine: a thousand cold is easy to dispel, but a dampness is difficult to dispel. Blowing air conditioning, eating cold food, irregular diet, high mental stress, and living in damp places are all culprits that exacerbate dampness in the human body. If it cannot be expelled in time, it will hide in the body Thus causing hidden dangers.

If moisture rises, it can lead to the growth of spots and pimples, oily skin, and a decrease in moisture can cause a series of gynecological diseases and damage to the body. Moisture on the skin can cause skin diseases such as eczema, while moisture entering the bones can lead to diseases such as arthritis and frozen shoulder. Dampness first invades the spleen and stomach, then stays in the kidneys, and then invades the heart and lungs. At the same time, dampness invades the liver, gallbladder, bladder, five organs and six viscera, and no one is immune.

Individual young people, who are in the process of development, are subjected to enormous mental pressure for a long time, and are unable to confide in others. They may also face difficulties in their careers or irregular lifestyles, such as working hard at night despite being full and hungry, or even getting sick and receiving intravenous fluids for treatment. The evolved cells are like people with empty stomachs. Without gas, the empty shell cells cannot provide more energy to cancer cells. Cancer cells cannot dispose of the accumulated waste. For example, an apple that has

If the apple replicates more energy inside itself and starts to break down.

So teenagers are prone to leukemia. Cancer, on the other hand, is caused by increased mental stress, excessive worries and fatigue, lack of rest and nutrition, as well as the small molecules of medication and infusion water during intravenous therapy. These molecules enter the skin and cells, which have evolved into the medical name cancer cells It is actually a cancer virus. This chronic disease of leukemia cancer virus, whether understood by traditional Chinese medicine or

Western medicine, has new knowledge on the causes of micro movements, and there are drugs and methods to cure the disease.

At the same time, some people tend to eat meat and foods high in iron, and the gas converted from these foods can cause stress and coldness in their cells, leading to increased dampness and fever in the body. If treating fever through intravenous infusion, 70% of the hot water in the body will be transformed into heavy haze and dampness, and the meridians will not be unobstructed. As cells spin within the body, they become even more obstructed and struggle to breathe. Even patients may evolve into pneumonia Antibiotics were added to the infusion solution to kill the virus. Just like the temperature during steelmaking, different grades of steel are produced, which are provided for gene replication. Because genes are not those small molecules that can be transformed into new quality machine models, no matter how good or bad or how many, they are all vortex packaged and copied into HIV.

Or when the cells shrink, shrink, wither, and apoptosis, and small molecules of antibiotics are still stored in the body. With the circulation of qi and blood, they are even whirled into HIV. Therefore, HIV is more powerful than gene function, and it can also be used to specialize in lymphophilia and destroy the Great Wall. This will cause greater harm to the patient's body.

Because HIV has also evolved on the shell of a crown disk With the large crown plate, the centripetal force and centripetal suction force are enhanced, and the pulling force is also universal. The hot air flow in the skin, including small molecules such as antibiotics that are infused into the skin, regardless of their quality, is vortexed into the low-temperature eccentric cavity field inside the cell. They are evolved into several small molecules and atoms, which are stored in the mass regeneration field inside the cell in sequence, and are pushed and rubbed by centrifugal force to generate heat. Evolved high temperature and high pressure, transforming several small molecules and atoms into the cell shell of proteins And COVID-19 and non infectious viruses. It has even evolved into a disease of HIV and other problems.

As for cancer, this article can only go into three parts at a time. With this understanding of the origin and function of cells, cancer cells and HIV, people do not need to be alarmed. Because it is not infectious bacteria, we use antibiotics to kill the virus with water infusion. Not only will the disease be bad, but there will be side effects, or the virus will change into another new virus.

So paying attention to this matter during treatment can accelerate the recovery of the disease. When a person feels severe discomfort in a certain part of the body, even pain and low-grade fever, and becomes increasingly lethargic. Moreover , blackening of the skin and excreta may occur in the body. 1. Blackening of feces: It is more common in gastric cancer, small intestine cancer, etc. Due to the distance between the cancer and the anus, the amount of bleeding from the cancer is less and slower, and it is mixed with food residue, which can be excreted with feces. Due to the prolonged residence time of blood in the gastrointestinal tract, the blood undergoes oxidation, resulting in black stool. Black stool is attached with mucus and shiny, similar to tar like, medically also known as tar stool;

2. Skin blackening: if the skin is wrinkled and blackened, it can be caused by endocrine disorder caused by tumor growth, which can be seen in pancreatic cancer, liver cancer, bile duct cancer, etc., and it is manifested as brownish black and grayish black at the skin folds of armpit, neck, groin, etc., and the skin is thickened and rough. In addition, if it is liver cancer, patients are prone to blackening and yellowing of their complexion. If black patches appear on the skin, especially if they suddenly appear, or if the original mole changes in size, color, border, etc., it is suspected to be a malignant melanoma. Therefore, if the body shows the above-mentioned blackening symptoms. When there are other abnormal symptoms, it is necessary to be highly alert to the occurrence of lesions in the body, although it cannot be said that blackening in a certain area is necessarily cancer. It is recommended that patients actively seek medical examination to clarify the diagnosis.

We need to first go to a large hospital to seek treatment from Western medicine. Normally, first check for X-rays, draw blood to transform the eyelids for CD, etc., to confirm that you have leukemia or cancer. Even the spiral arms of genes are intermittent, and the gene chain has been disrupted by the virus. It may be due to factors such as smoking and drinking alcohol in daily life, or eating fruits and vegetables that should not be eaten, as well as excessive nightlife, which can be treated as leukemia or cancer. It is not an acute or infectious disease, but a systemic chronic disease, and currently it is medically impossible to cure leukemia immediately. Moreover, there is no accurate answer to the cause of leukemia in Western medicine.

At this point, it is important to be mentally prepared to cooperate with a doctor for long-term treatment. Whether staying in the hospital or at home, it is necessary to first seek treatment from a doctor, as analyzed by traditional Chinese medicine: it is nothing more than internal deficiency and external pathogens. Phlegm, blood stasis, heat, toxicity, and

deficiency are all related to cancer, so the clinical manifestations of cancer vary greatly, and it is possible that opposite pathological phenomena appear in the same body at the same time and in the same mechanism. The basis of the pathogenesis lies in the mismatch between yin and yang qi. Cancer is not a certain tissue or structure, but a manifestation of the human body's state. It is a balance between the internal and external environment of the human body. On the basis of the mismatch between yin and yang qi, the body's positive qi will gradually deplete. The mutual transformation and influence between the dissipation of positive qi and the expansion of cancer toxins are important reasons for cancer progression and tumor metastasis.

Like moisture

1. Damp and heavy turbidity can be viewed separately, one is heavy and the other is turbid. Heavy can be divided into heavy, heavy, and sour. Some friends may have this feeling, feeling that their body feels heavy, as if carrying a heavy object worth a thousand dollars.

What's going on here? It turns out that after spleen deficiency, water and dampness cannot be dissolved, and they all crawl into the muscles, which is called heaviness.

I feel tired, especially exhausted, and always want to sleep. For example, many students' parents' initial reaction is that they feel sleepy in class and cannot listen to what the teacher says. If it were an adult, it would be the same, yawning at work and lying down after work. Every morning when I wake up, my head feels groggy, as if wrapped in a wet towel. This is basically a state of heavy drowsiness.

Because there are no organic lesions, even if you go to the hospital for examination, no results can be obtained. Western medicine has given it a name called fatigue syndrome. But in traditional Chinese medicine, it is actually spleen deficiency and excessive dampness. Dampness is a Yin evil that likes to dry against the Yang Qi. Dampness traps your Yang Qi and prevents it from rising, causing you to feel drowsy and dizzy.

Acid weight is mainly reflected in the joints, which have poor flexion and extension, and cannot be lifted forward or backward.

Turbidity can be understood as unclean and not refreshing. Moisture is cloudy yin, which spreads outward and manifests as oily hair and oily face. This doesn't mean that washing your face frequently can solve it. Where is the root cause? In the spleen and stomach.

If the spleen and stomach are not good, a person's face will not be clean. Opening the meridian diagram, we can see that the Yangming Stomach Meridian passes through the face, and the ability of the spleen and stomach to discharge and reduce turbidity is not strong. These polluted substances follow the meridians to the face and spread outward, which is what we often call "oil secretion" now.

Moisture can also cover your orifices, and when it gets on your eyes, you can see things vaguely, as if they are obscured by a layer of water mist.

Moisture is trapped in the ears and collides with the ear canal, which is called tinnitus.

2. Wet and sticky feeling is like when the weather is particularly hot in summer, sweating profusely and clothes sticking to the body, which is particularly uncomfortable. Of course, moisture sticking to the muscles and bones may not feel as intuitive as clothes sticking to the body, but it will have a series of reactions.

For example, if your mouth becomes sticky and you stick out your tongue to look in the mirror, the normal tongue coating is a thin layer, like a layer of white frost on fresh grapes. If the tongue coating starts to become sticky, the tongue becomes smooth and slippery, as if there is a lot of saliva, and there are teeth marks on the edge of the tongue, it indicates that there is moisture in your body.

Then the stool is also very sticky, mainly due to the irregular shape of the stool, sticking to the toilet, making it difficult to flush down, and even having a feeling of incomplete and incomplete defecation.

3. Dampness tends to decline. Some friends also say that they always can't lift their legs, or they always swell. Swelling is because moisture has gone down and stopped there, which is like tying two large water bags to your legs.

There are also many embarrassing problems caused by dampness, such as abnormal vaginal discharge, perianal eczema, and scrotal dampness.

All of the above situations can be soaked in water with a little white atractylodes. The method is: 15 grams of Atractylodes macrocephala, decoct in water or brew the offspring tea drink with boiling water.

Baizhu has a brother named Cangzhu. Can you soak Cangzhu in water to drink? tolerable. Cangshu has a strong scent that can be rushed out at once, while Baishu tends to be defensive. Baishu firmly holds onto the middle burner, preventing water from overflowing.

Atractylodes macrocephala has a relatively weak effect on tonifying the spleen, but its ability to dry dampness is stronger. If your body has a particularly heavy dampness and you are overweight, using Atractylodes macrocephala is more suitable. Soak 10 grams of Atractylodes macrocephala in water and drink it. If it's a thin person with heavy dampness, add some Poria cocos. Use

Atractylodes macrocephala and Poria cocos together, 15g Atractylodes macrocephala and 6g Poria cocos.

It is jokingly said that Poria cocos is engaged in water conservancy. Do you see how it removes dampness from water? Fuling opens a ditch, and the water inside the body is discharged through the ditch.

Where is the drainage ditch of the human body? In the bladder, water is expelled through urination. Atractylodes macrocephala is the commander-in-chief, while Poria cocos is used to clear away dampness from the body. This grand project has begun.

If you still feel some tightness in your limbs, lower back and leg pain, or numbness in your hands and feet after taking medication, you can also take Tianma Wan first, which is a drug from Li Shizhen Pharmaceutical Group. Due to the variety of Tianma pills, this medicine may be suitable for treating head madness by dispelling wind and dampness, promoting blood circulation and relieving pain, and nourishing the liver and kidneys. If kidney deficiency persists, take Liuwei Dihuang Pills every night. Taking two types of medicine separately usually does not have any side effects. If you have taken Tianma pills, your limbs will become stiff and your lower back and leg pain will be relieved. Or go to a doctor to prescribe medication that is suitable for the improvement of the condition at that time, or buy Chuanxiong powder from a traditional Chinese medicine store, which has a good effect on treating head madness.

If you have urgent urination, frequent urination, and incomplete urination: Peel and chop one pound of loofah each time, boil it in a pot, add white sugar to the soup, and drink the soup and eat the loofah with the remaining heat. Eat and drink once in the morning and once in the evening, without strict measurement, until the illness is cured Silk gourd has quick effects.

When I feel pain during urination, I drink pig trotters and boiled water. I boil two of them a day. Boil about 150 grams of water twice a day, and drink half a bowl of hot soup each time. After drinking for a few days, the pain will disappear.

If you have a lot of urine, it is prostate disease. Dig a few pounds of purslane from rural land [online stores also have purslane to buy], wrap a cloth around about half a pound each time, and crush it. Twist out the juice of purslane from the cloth bag. It is best to drink hot purslane hot juice twice a day, half a bowl at a time, and it will be clear in a few days. You can also cut half a pound of purslane into several sections, put it in a pot, and boil it in a large bowl of cold water for a few minutes. Drinking half a bowl of hot soup can also have a therapeutic effect. This is organized by Wang Zhensheng and Hu Bing's folk formula studio in Xinzhuang Village, Jintan Town, Daming County, Handan, Hebei Province. The mobile phone number of Ke Xingcheng, who has difficult and miscellaneous diseases, is 15033033. 71445: If the body suddenly catches a cold and has a fever, it is not advisable to take Liuwei Dihuang Pills, Ginseng Dropping Pills, or Quanlu Pills as supplements to traditional Chinese medicine. After the fever subsides and the body returns to normal, one can choose what medicine to take. At this time, the fever should be treated first, If I am busy with work outside or taking a shower in the bathroom during winter, and wear single clothes for a long time, catch a cold or even have a fever, I will first put on a large cotton quilt to keep warm when I get home. I will cut seven or eight slices of ginger, add two small spoons of pepper powder, and even two spoons of brown sugar. I will put them together in a teacup, pour a cup of hot water on the table, and then release the two blankets on the bed, or use one blanket to release heat from the water bag. After pouring more than half a basin of hot water and soaking my hands and feet for about two minutes, I will add ginger tea to the teacup and drink the remaining heat. If there is no hot water bag in the blanket, I will not take off my sanitary clothes and socks on my feet, and wear a hat on my head before going to bed, so that I will not have a fever at night If you already have a fever, it will subside in the second half of the night. But the next day, resting or sleeping at home, drinking a cup of hot ginger tea in the morning and evening, will cure the cold in about two or three days.

When you don't have a fever, you can also drink once or twice a day, such as a hot soup made from red sandalwood, astragalus, wolfberry, and add some brown sugar. Or drink the nutritious meal Spirulina South Claw Powder produced by Yangzhou Perfect Daily Necessities Co., Ltd. in China. A cup of nutritious meal brewed with boiling water provides nutritional supplements and adjustments to the body. Enhancing immunity is beneficial for curing diseases.

If you hire a Western doctor for treatment, they are skilled in treating acute infectious diseases For chronic diseases such as cancer There are differences in the types of early symptoms and the location of occurrence in the classification of diseases.

Like 1 Lung cancer: Early symptoms may include persistent coughing, sputum production, bloody sputum, chest tightness, chest pain, etc. Smoking is the main risk factor for lung cancer, so long-term smokers should be particularly vigilant if they experience the above symptoms. 2. breast cancer: early symptoms include breast lumps, breast skin abnormalities (such as orange skin changes), nipple discharge, etc. Women should undergo regular breast self-examination to detect abnormalities early. 3. Colorectal cancer: Early symptoms may include changes in bowel habits (such as alternating constipation and diarrhea), bloody stools, and abdominal discomfort (such as abdominal pain

and bloating). Individuals with a family history or high-risk factors should undergo regular colonoscopy examinations. 4. Liver cancer: Early symptoms may include pain in the liver area, jaundice, decreased appetite, fatigue, etc. Long term alcohol consumption and chronic hepatitis virus infection are the main risk factors for liver cancer. 5. Gastric cancer: Early symptoms may include stomach pain, bloating, decreased appetite, nausea, vomiting, etc. People with a history of gastric ulcers, chronic gastritis, etc.

It should be noted that the above symptoms are not specific and may also be related to other diseases. Therefore, once the above symptoms appear, timely medical attention should be sought for relevant examinations in order to clarify the diagnosis and seek early treatment. Meanwhile, maintaining good lifestyle habits and a healthy diet can help reduce the risk of cancer. Cancer is a product of pathology. Will not evade the cell death program. New drugs must be used to modify genes, It can cure cancer.

If a patient has been treated with intravenous infusion for a period of time and the fever has not subsided, it cannot be assumed that the effectiveness of the drug in fighting against the virus has been exerted, and they should continue to receive intravenous infusion for a few more days Perhaps if all the viruses are killed, the illness will be cured. With this kind of thinking, the illness will worsen day by day, as the infusion water is absorbed and stored around the five organs and six viscera, and the dampness in the body will increase day by day.

If it is changed to patients drinking hot water and taking Western medicine orally If western medicine is made into far-infrared patches or plaster patches made of western medicine and applied to the affected area, the efficacy can reach the affected area, and the disease will heal quickly without any side effects Moreover, curing diseases requires less money, and Western medicine can only cure diseases such as lung cancer.

It is also important for patients to take good personal care and cooperate with doctors in treating diseases. For example, in cold winter, patients should wear hats on their heads, socks on their feet, and use less or no air conditioning to reduce electromagnetic interference with the nervous system during rest You can also drink hot tea water brewed with black tea leaves two or three times a day. Black tea is suitable for patients with chronic kidney yin deficiency. Or drink hot bean Congee many times a day, and eat delicious salty dishes It is easier to absorb nutrients. Do not eat cold meals, do not drink cold water or take medication orally. You can also lie down on the bed and sleep for about 30 minutes, then shake your buttocks about ten times. Especially for stroke patients, it is necessary to sleep on the left or right side Or lean forward and lean down to sleep. Take a deep breath and exhale lightly each time to relax the whole body or the affected area. Go to the bathroom once a week to soak in bubbles and avoid catching a cold. If you feel uncomfortable or have a slight pain or discomfort, draw a circle around the uncomfortable area with your fingernails more than ten times. You can also apply a large damp pain ointment or Zhenjiang ointment, or drink hot water and take traditional Chinese medicine Weixi tablets orally Don't wear heavy clothes and shoes, get out of bed and move around after getting enough sleep every day, such as stepping in place or running only about 20 steps in place It can play the role of immunity in the body, prevent leukemia, cancer, AIDS, and gradually cure the disease in the hospital or at home If there is soreness or numbness in the body, as long as it is not inflammation, ulceration, or inconvenient to apply ointment, other ointments such as Tongluo Qutong Gao or Zhenjiang Gao can also be applied to eliminate dampness from the body and convert it into kidney qi and red blood cells. It also delivers new energy to the body and mind, reduces the consumption of respiratory energy, and enhances disease resistance. Activate the patient's body system and evolve into more heat. The fluid that was not fully absorbed in the chest gradually disappeared after a few days, and the blood that had condensed in the blood vessels began to dissolve the thrombus again The blood circulation has returned to normal, and the serious illness is gradually improving day by day. When seriously ill, it is not allowed to continue intravenous infusion. To prevent consequences. Why do critically ill patients still wear hats on their heads and socks on their feet. Due to the heavy dampness in the patient's body, although the hot traditional Chinese medicine soup fills the intestines, causing the dampness in the patient's body to decrease, more hot air enters the cells and expands them. One cell pushes another cell, causing billions of small cells to expand, and the spaces between cells become smaller. The patient has the mental strength to accelerate the recovery of the disease.

If a patient wears a hat on their head and socks on their feet, the first thing to do is to prevent the hot air flow from running out of their body from their head and feet. When the patient sleeps in a hot bed, more moisture is expelled from their body, and even the patient feels much more sick as soon as they wake up. Of course, those who serve patients should observe carefully. On the one hand, do not cover two beds in summer, and on the other hand, during winter, they should also grasp the patient's physical condition and tolerance. Because it is not a problem with infectious bacteria or viruses.

Patients should also learn various techniques for preventing and treating diseases If sleeping can cure all diseases, it is also necessary to master the sleeping posture, unless pregnant women, obese people, or those who have undergone surgery. When sleeping in bed, they should shake their buttocks about 20 times a week or even every day, or take deep breaths and exhale lightly to relax their mind, or sing a few old songs. When singing silently, they must sleep gently or lie down on the bed to sing for better results, because the breathing during singing can release the toxic gas in the body. It also delivers new energy to the body and mind, reduces the consumption of respiratory energy, and speeds up the central nervous system, cervical spine, lumbar spine, gastrointestinal tract, and other areas while lying down on the bed All patients receive quick relaxation and rest, their pain is reduced, their immunity is enhanced, and they immediately feel energized.

But before lying down on the bed, the bed surface should be cleaned thoroughly to prevent dust from being sucked into the nostrils. In winter and spring, when lying down on the bed, a sheet should be covered behind the body, and even a hat and mask should be worn. To avoid getting cold for a long time while lying down. It also prevents dust and cold air from being inhaled into the lungs.

Due to the fact that animals do not have the habit of sleeping on their four feet, their five viscera and six bends are less compressed, and the toxic gases produced by the movement of various organs in their bodies can be promptly eliminated from the body, reducing the chance of illness. Because of the human civilization, the female soul makes a centripetal rotation force.

Every day, if you lie prone on the bed and sleep for a while, when you sleep on your side, use your fingers around your breasts or on your chest and stomach, scratch circles back and forth for ten or twenty times, which can relax muscles, promote blood circulation and dissipate blood stasis, and can also prevent breast cancer and other diseases. The second thing to remember is that if you have been ill for a long time and have no filial son, do what you can do yourself, such as rubbing or tapping the uncomfortable parts of your body gradually from light to heavy with your hands for dozens of times every day. Before going to bed, place your palms on your ears and rub them quickly for ten to twenty times, while running a dozen steps in place every day; Thirdly, wear less tight fitting clothes and pants, and the looser the elastic band at the top of the underwear, the better. Or pull the waist of the underwear under your buttocks before sleeping. After the age of six, it is advisable for teenagers to use cloth strips as waistbands instead of elastic bands for their pants. Or advise children not to tie their waistbands too tightly.

Another cold wave is coming Be sure to add a piece of clothing in a timely manner, and do not take off cotton clothes too early in spring, otherwise children are prone to fever and illness. Go to the bathroom every week to soak in bubbles, wipe your whole body, and avoid catching a cold after showering. Also, avoid drinking cold drinks from the fridge and eating cold meals.

If a patient, in their previous work or interactions with others during times of poverty, engages in irrational behavior, does not accumulate good deeds, offends others, or causes guilt and heartache, even causing greater harm to them. It is up to the patient themselves to offer incense or burn paper money at home every day, silently recounting past events, praying for the blessings of bodhisattvas and gods, and making personal confessions, which reduces the mental pressure on the patient. In the future, patients should take more pleasure in doing good deeds, so that they can gradually relax and forget about those guilt and heart problems that cause great mental pressure.

I once saw on Baidu that a senior American doctor diagnosed President Clinton with multiple difficult illnesses, stating that he could live for up to six months. At that time, although I did not know the specific situation of his illness, I immediately posted a comment based on online information about Clinton's work and life after he did not become president, saying that the doctor's diagnosis based solely on his condition was not scientific Although President Clinton was seriously ill, he also went to various places to paste the cold buttocks of rich people with hot faces. He raised so much money, which was all used for research on the prevention and treatment of AIDS and cancer, including his own family, which also donated more than 100000 yuan.

It is a great good deed that has accumulated great merit Doing good deeds brings more hardship, but it helps to eliminate the accumulated dampness and toxic gases in the body. And it also causes the iron element in the blood of the body to be pushed and rubbed to generate magnetism, creating more and greater forces that transform magnetism into electromagnetic waves.

This electromagnetic wave functions like a universal instrument, massaging and treating the affected area to coordinate the functions of various organs in the body. It can also receive some important signals in advance, which can automatically alert the brain system or soul system, and take appropriate preventive measures to block the damage of some sudden disasters.

At the same time, he has a virtuous and talented wife named Hillary, who takes good care of and cares for him, and the merit of extending his life cannot be underestimated. If President Clinton were to read the reissued novel 'Tai Chi Talks about the World' again to prevent and treat diseases, he would truly be indifferent to fame and fortune during peacetime, and think more about the happiest memories of his life to seek health and even live for more than ten years.

You see, ten years later, not only is he still alive, but he is also busy running for the presidency of the United States for Hillary.
And another computer tycoon in the United States, who is younger than Clinton and does not suffer from various difficult illnesses like President Clinton, has assets worth billions of yuan. He only spent billions of yuan on his own medical treatment, but still left home and died in the air.
Three family members should care about the patient's physical and mental thoughts for a long time, or advise them to change their mindset or environment to change the things they miss. Never let the patient's body become increasingly weak after surgery or chemotherapy. When the patient complains verbally, it is better to use words to open up the patient's mind and not to confront or care about the patient. Otherwise, it will not only worsen the patient's condition. And looking back on some family members in the future, it may bring some mental pressure. Some bad habits of family members can also lead to the consequences of bad illnesses. It's not necessarily a genetic issue.
Patients can also visit a traditional Chinese medicine practitioner about every 20 days to report any discomfort they feel after taking Chinese medicine, and ask them to prescribe some more Chinese medicine to supplement their intake. If you feel that your body is much better, you have an appetite for food, and you have energy, then summarize what medicine is good to take as a doctor and persist in taking these medicines. Gradually cure the illness in the hospital or at home If the patient has white blood, they should eat more foods that supplement kidney qi, fruits and vegetables, and pay attention to physical and mental maintenance. Do not eat leftover fish or meat left in the refrigerator for a long time, nor do you eat burnt chunks of meat, cold dishes, or drink cold drinks. You can also peel off three or four liang of yam twice a day in the morning and evening, cut it into small slices, soak it in honey and eat it, which can help cure leukemia. This is an introduction from a traditional Chinese medicine doctor on the computer,

If you have leukemia, you can also take a daily dose of 55 grams of chicken blood vine. Paired with ten large red dates. Add 20 grams of Huangqi and boil it into a hot medicinal soup. Drink half a bowl of hot medicinal soup once a day in the morning and once in the evening Cannot drink cold medicinal soup.
I tried drinking it for a week and my illness improved Continue drinking half a bowl of hot medicinal soup once in the morning and once in the evening. This medicinal soup is not difficult to drink and has no side effects. After taking the medicine, you cannot catch a cold.

Or drink half a bowl of cooked hot pig blood every morning and evening, as there is a lack of iron in white blood cells. Adults drink half a bowl of hot pig blood, which also contains several small molecules. White blood cells are thrown out of the heart by centrifugal force Pushing and rubbing evolved into an increase in red blood cells.
When heating pig blood, you can also add some ginger, scallions, and a little salt as a seasoning, which will have a good taste for patients to eat and drink. Of course, after eating and drinking hot pig blood, patients can also take eight pills of Liuwei Dihuang Pill orally with hot water before going to bed every night to supplement the qi of kidney yin deficiency and accelerate the recovery of the disease.
If it is a pulmonary nodule, the Kazakh ethnic group in Xinjiang has a tradition of drinking camel milk since ancient times to treat lung diseases. Camel milk is a precious natural green food that can effectively improve the body's resistance, eliminate inflammation in the lungs, and eliminate pulmonary nodules. According to the Compendium of Materia Medica, camel milk has the functions of warming the body, dissolving stasis, dispersing lumps, eliminating cysts, dispelling phlegm and turbidity, regulating qi stagnation, strengthening the body and nourishing the essence, and supplementing positive qi.
It can effectively purify the internal environment of the lungs, rapidly improve the immune system of the lungs, and improve lung nodules from the root. It also has a good regulating effect on various cysts. Camel milk. Fresh yet not greasy, with a light milky aroma and a hint of salty taste, the overall taste is better than milk. Drink a teacup of hot camel milk for each meal. The camel milk powder sold in the market is made by camel milk manufacturers. After buying it, dig two spoons and put it into a teacup. Brew a cup of hot water and mix it with it. After about a minute, drink the remaining heat. Do not drink cold camel milk powder nutritional soup. After about seven or eight days, I felt that my chest tightness had improved and my mental state had noticeably improved. He has been maintaining the habit of drinking camel milk, and gradually his sleep quality has improved. He is no longer anxious, and the symptoms of chest tightness and shortness of breath have gradually decreased and disappeared, until he no longer coughs and becomes more energetic. Dr. Huang introduces dietary therapy methods for pulmonary nodules on 09-20 22:16

If it's diabetes? Doctor Wang Zhensheng made public the folk, magic and secret prescriptions for diabetes free of charge. All the effective prescriptions were verified by the patients. It is

a local prescription handed down from the ancestors, a small kind of guava leaves. I have been diabetes for 11 years. I also drink this small seed of guava leaves every day. The large seed has no effect on lowering blood sugar. The dosage is 10 grams to 15 grams at a time. Drink in the morning, afternoon, and evening. Repeatedly cooking, my fasting blood sugar was 16.8, and after meals it was 19.8. Drinking boiled water for 2 hours reduced my blood sugar. If my blood sugar is high, I can add 15 to 30 grams of boiled guava leaves and make them strong enough to drink as tea, which will quickly lower my blood sugar. Even if it drops to normal, I should drink them every day and avoid eating sweet foods. I should also avoid overeating and eating too much. I only need to be 70% full, as my pancreatic islets are damaged and difficult to recover. It is a good soil remedy for lowering blood sugar. No side effects, safe. But all the information is for reference only! Due to different physical conditions and therapeutic effects, please use this folk remedy with caution and seek guidance from a doctor or professional. Otherwise Neither the donor nor I assume any responsibility.

For some women who suffer from chronic diseases such as cancer and have stubborn personalities, they miss someone who is particularly important, including teenagers. If she doesn't listen to what others advise her, her family will have to use superstitious words or things to open up their minds. For example, the three generations of ancestors in the family know that you have suffered a lot in your daily life, and others don't understand that you are a good person.

The three generations of ancestors kneel before the statue of Guanyin Laomu every day to pray for your speedy recovery and good luck. Or if an individual has done something wrong before, they can burn more ghost money for the deceased themselves, which can relieve the mental pressure on the patient. Of course, both oneself and family members need to summarize that those important things have placed an excessive mental burden on the patient. When my mother was pregnant with a patient, she experienced high mental stress and lacked nutrition. We need to clarify issues such as chemical pollution in order to better address and treat this disease.

We also need to do the following work well to cooperate with doctors in treating diseases. Although smoking and drinking alcohol may not necessarily be the main cause of illness. During the COVID-19 outbreak in Wuhan in 2020, American scientists released two photos showing that smokers had clean lungs and appeared innocent in the photos. People who have COVID-19 virus are very dark in their lungs in the photo. People who drink alcohol may not have more incidence rate or shorter life span than those who do not drink alcohol.

But it's best to smoke less when you're sick. People who drink alcohol should not drink cold wine in winter. They need to warm the wine before drinking, but they can only drink about one or two drinks and should not drink too much. If you have liver cancer, you must not drink alcohol It can cause the condition to worsen and even pose an immediate threat to life.

Also, it is necessary to clean and tidy up the area under the bed and at the head of the bed, whether there are too many miscellaneous items, books, or asbestos piled up. Due to the scattered text in books under the bed, different frequencies of waves can be emitted, which affects the patient's sleep. The bedding on the bed should not be made of unsterilized artificial cotton. In winter, the indoor air should not be too cool or windy, otherwise, including patients with cerebral palsy, ankylosing spondylitis, and severe colds, it is best to sleep with a hat on their head.

If you are depressed in your marriage, you can also place a copper gourd or a concentric knot at the bedside. If you get infected with evil spirits, put a Eight Trigrams diagram on the door. If you feel depressed for fame and career, place a Wenchang small pagoda or a craft such as a great Peng spreading its wings and soaring on your desk to uplift your spirits. Indoor, you can also choose which fragrance you like or use moxibustion medicine for fragrance. If you have experience in treating diseases, you can also go to the pharmacy to purchase various commonly used medications and topical ointments related to the disease and keep them at home. Such as Liuwei Dihuang Pills, Guifu Dihuang Pills, Tianma Pills [Li Shizhen Pharmaceutical Group drugs], Compound Danshen Dropping Pills, Ginseng Dropping Pills from Dalian Shenglvgu Engineering Co., Ltd., Qixiang Zhengqi Water, Chuanxiong Powder, Buy a few liang of Atractylodes macrocephala to treat dampness at home, Yunnan Baiyao cold and fever reducing medicine, and ointment for application. Like musk bone strengthening ointment. Or use Tongluo Qutong ointment, Zhenjiang ointment Scorpion Venom King Huoluo ointment, pressure-sensitive adhesive tape Fengyoujing as a backup, and buy massage acupoint books, massage hammers, and medical books to keep at home.

For example, place the ointment, Scorpion Venom King Huoluo ointment by the bedside or pillow, and apply it to the affected area at any time. Patients should not overthink, let go of the past and create a relaxed environment, which is to create vitality. If the liver qi is strong when sick and cannot integrate with society or family, and cannot obtain more happiness, only one can ignore everything and relax oneself to reduce mental pressure, and be more tolerant to prevent and treat various diseases. If you are

unhappy, you can also sleep on the bed and lean forward a little, singing a few passionate songs. Take turns singing two or three times, because when singing for breath, the toxic gas in the body is expelled repeatedly Singing is also the best immune function. But according to the patient's emotions, do not excessively avoid singing too many times. You can also read books and newspapers that are beneficial for the recovery of the disease. When reciting 'Nanwu Amitabha Buddha', it is necessary to be respectful, honest, and uninterrupted for hundreds of times in order to have an auxiliary therapeutic effect. When reading the word 'Buddha', it serves as a signal for health preservation and relaxation of mental stress, and can expel toxic gases from the body. Or chat with the opposite sex for a while. Alternatively, you can focus on relaxing your mind several times, or hold your hand and use your thumb to move the middle part of the second segment of your index finger up and down mechanically, moving it back and forth slightly faster for about 15 minutes. Alternatively, you can meditate on your dantian or navel to relieve mental stress and cooperate with the treatment. According to a study by American scientists, reducing food intake by 12 may extend lifespan by more than 10 years. When anyone is sitting, standing, or lying in bed, use your mind to push the ten toes of your feet back and forth. After about ten minutes, use your mind to spread the ten toes of your feet for about ten minutes, and then move the big toes of your feet like nodding for about eight minutes. When performing these actions, it is important to maintain mental relaxation and avoid overthinking in order to clear the flow of qi and blood in the six major meridians of the human body. It can be done twice a day. Or use your fingers to vigorously rub your toes, soles, and feet for 20-30 times to prevent diseases.

If possible, use one person to do it twice a day in the morning and evening for the patient. The patient should first lie down on the bed, gradually move from the back to the feet, and then gently and quickly tap, knead, and massage in combination. For the second time, the patient should use a slightly heavier hand to tap, knead, and massage quickly. When kneading, patients may feel a little sore, which also accelerates the circulation of airflow in the system towards the lesion, playing a role in relaxing tendons and promoting blood circulation. But when massaging, tapping, and grasping, it should be done according to the patient's tolerance and the weight of the affected area. The pain in the chest and stomach can be alleviated by scratching with fingernails in a circular motion for more than ten times. Do not massage or hit the painful area. Just expel the dampness from the patient's body, and after about an hour each time, the patient will immediately feel a faster effect than taking medicine. If the patient sits on an orange, start from their shoulders and back, move their fists lightly and quickly downwards, and move towards the acupoints such as the Kidney Shu ring jump. The Kidney Shu ring jump acupoints can enhance physical fitness, and the ring jump acupoints are located on both sides of the thighs and buttocks. Regular tapping or rubbing has an important effect on relaxing muscles and promoting blood circulation In the future, the palms of both hands will quickly rub and heat up from the bumps. The palms of both hands will quickly cover the ears from the bumps and heat up. Then, they will rub and massage back and forth on the temples, top of the head, back and bottom of the head with both hands for ten or twenty times, and the dizziness will be relieved. In the future, gradually tap, knead, and massage towards both hands and arms, then rub and massage towards the area about three kilometers outside the center of the armpit and the bend of the arm for ten times to expel the toxic gas from the cardiovascular system. Next, press the detoxification acupoint on the lungs. First, place the thumb of one hand at the base of the tiger's penis, which is the midpoint of the first and second metacarpal bones on the side of the shaft. Press and hold it with your fingers, and when the patient feels sour or swollen, gently massage it with a little force for 10-20 times.

Bend the tip of the little finger of one hand towards the palm of the hand, and use the thumb of the other hand to press down on the acupoint below the tip of the little finger. If it feels sour, swollen, or painful, use some force to rub it, or hold it down for about 15 minutes. It is best to sleep on the side of the bed and take a deep breath. When exhaling lightly, the toxic gas in the mind can be expelled, and the mind will not become dull, which is faster than taking medicine There are also no side effects. Patients can also relax their minds and even hold their breath until a slight toxic gas is expelled from their minds, and they immediately have the energy and focus to work. Due to the continuous movement of qi and blood in the body, patients often experience restlessness and restlessness, leading to the delivery of toxic gases into the bloodstream. Therefore, if the next day the mind becomes dull and the body is powerless. You can also do it again. Or take a spoonful of Chuanxiong powder. After 15 minutes, my mind went numb and I was full of energy to do the work.

In the future, gradually tap, knead, and massage under both legs. When reaching the Zusanli and the foot spring, including the entire sole of the foot, there are more than 200 acupoints throughout the body. Regular massage of Zusanli is an important acupoint for treating all chronic diseases, enhancing disease resistance and prolonging life. Foot spring is also an important acupoint, enhancing physical fitness and expelling toxic gases from the body. Focus on massaging it 20-30 times. If one hand is tired from massaging the whole body, switch hands or punch both hands at the same time. When pressing down on the foot surface between the big toe and the second toe at the base of the groove, if the patient

feels swelling or pain, they should rub or hold it down. The patient should also relax the groove at the base of the foot surface for about 8 minutes. Long term ability to eliminate toxic gases from the liver and have health benefits for the liver. Returning to the same process as above, start from the shoulders and back and move back and forth throughout the body about three to five times, massage, tap, scratch, and massage. Severely ill patients only need to do it once or twice a day. If possible, when the patient is being beaten, rubbed, and massaged, their mind should relax and they should not speak. Patients can also be asked to massage each other, with the aim of relaxing their mental stress and promoting blood circulation to accelerate the elimination of dampness from their bodies; The illness recovers quickly. When I was seriously ill, I was a 95 year old stroke patient who received three daily acupressure massages for treatment. First, place a wooden stool on the ground, one tall and one short, and then beat, knead, and massage the patient's lesion when I need to sit. You can also buy a massage hammer for ten yuan and use it to strike the shoulders, back, waist, legs, and feet to reduce the physical exertion of the masseuse, and the effect is good. Flexibly use both hands to alternately strike and knead during massage. I also relax my mind on the affected area. Sometimes, after about an hour of pounding, rubbing, and massaging for patients, they are so exhausted that they sweat all over their bodies.

After the massage, I wash my hands once with soap and hot water. Rest or take a nap in bed in the future. Doing moderate exercise in various forms for two years can promote blood circulation, promote qi circulation, and eliminate dampness in the body Both increasing happiness and relaxing the nervous system, respiratory system, and digestive system can help lower blood pressure and assist in treating diseases. If my body continues to improve, the stroke patient will be able to walk normally after six months. Of course, I also take care of elderly people who have suffered from stroke. Even when lying in bed, I use my mental power to control the airflow, and do not bend my hands or legs. The airflow flows forward, forming a normal hand or leg posture. If my mental power feels that there is soreness or swelling in my hands or legs, I use my fingers to rub the soreness and swelling area with a little force, which has a stronger effect on relaxing tendons and promoting blood circulation. It also makes it easier for patients to move their hands and feet in the long run, and makes their walking posture look better. The elderly who have suffered a stroke should continue to eat on their own and not be fed by others. Finally, the pace gradually accelerated until three months later, when the hands returned to being able to eat on their own.

Feet can walk.

I didn't intend for the elderly person to stand up and exercise on their own every time. In fact, I was completely focused and didn't dare to be careless. I was ready to go up and help her stand up at any time, and take her for a walk for about half an hour She also relaxed her mental stress.

Although I supported the elderly person for a walk with both hands, I gently supported them with one hand. When I felt that the elderly person was struggling to walk, I forcefully supported my arms with both hands, as if giving them a cane Take a walk in the courtyard two or three times a day, exercising for about half an hour each time to enhance physical fitness. Including the stroke of our factory's old comrades, they have all recovered faster. If there is breast pain, it may be due to the patient's high mental stress, which leads to the development of dampness in the breasts, resulting in breast pain.

For young girls with breast pain during their developmental period, they can gently stroke and draw circles around the painful area dozens of times with their own hands. The bra they usually wear should not be too tight or not breathable. When treating pain, do not wear a bra. When sleeping in a hot bed at home, do not sleep with your body in front of you. Instead, sleep on your left or right side or on your side, leaning forward. You can also place a hot water bottle next to the affected breast and place one arm on the top of the pillow while sleeping, so that the painful area is close to the heat source for treatment. You can also relax your mind on the painful area of the breast or even hold your breath to relax. When you relax to the limit, the toxic gas in the affected area will naturally be released first. Once, the pain was immediately relieved. After just a few minutes of normal breathing, do it several times a day. Do not do it when it is not painful, or do it for health and disease prevention purposes. It is also important to maintain a relaxed mood, avoid catching a cold, wear less tight clothing, and not be troubled in your heart. Doing these things well is also crucial to prevent future pain.

Moreover, breast inflammation has become more severe, and even after receiving intravenous infusion for a period of time without recovery, it is no longer possible to continue daily intravenous infusion to reduce inflammation and kill viruses. If there are side effects and consequences of excessive use of hanging water infusion, it is recommended to switch to drinking hot water, taking traditional Chinese medicine or Western medicine pills orally, or receiving injections to reduce inflammation, kill viruses, and treat diseases. And relax your mind in the inflamed and thickened area of the breast, making it more painful It can accelerate the process of reducing inflammation, activating blood circulation, and relieving pain in concentrated areas, and cooperate with doctors to cure breast inflammation as soon as possible.

But it is important to avoid certain foods, such as fish, shrimp, spicy food, cold drinks, and meals. During illness, try to minimize or avoid using air conditioning. Drink hot tea water two or three times a day, rest or sleep seriously. If your breasts are just sore, go to the bathroom to take a shower, soak your whole body in warm water for a few minutes, and gently touch and wipe your breasts with your own hands Or draw circles around the breasts about ten times with your own fingers. The dampness in the cells of the breast is quickly eliminated, and the breast pain is reduced or eliminated.

If there is soreness or numbness in the body, as long as it is not inflammation, ulceration, or inconvenient to apply ointment, other ointments such as Tongluo Qutong Gao or Zhenjiang Gao can also be applied, and even several small ointments can be applied to any affected area. And it will be applied continuously for several months, even decades, to relieve the numbness and pain at the lesion site. However, the area where any plaster is applied should generally not be massaged. This is because the plaster is prone to injury or damage to the affected skin. Alternatively, before applying the plaster, tap and rub the affected area for one or two minutes before applying it. If it is convenient to place a hot water bag on the plaster to enhance its efficacy and penetrate deep into the lesion. As long as the skin is not itchy, the plaster should only be changed once a week when taking a hot shower in the bathroom.

Unless in severe cases, a new ointment can be applied every day. Musk pain relieving ointment or Scorpion Venom King activating ointment can also be applied to the affected area, quickly rubbing the affected area dozens of times. If the old injury site is painful due to weather changes or excessive fatigue caused by previous injuries. Applying Zhenjiang ointment to the affected area has a particularly strong analgesic effect. You can also divide the Zhenjiang plaster into two pieces and place them on two thin plastic sheets that are 15 centimeters square. Apply the plaster outside of the affected area. The plaster will dissolve and not easily melt onto clothes. When changing the plaster, use a plastic bag to press it onto the melted black plaster, and then repeatedly stick the black plaster on the affected skin to the plastic bag. If the plaster dissolves on clothes or blankets, put laundry detergent on the plaster multiple times, soak it in water and wash it several times. Finally, the plaster on the clothes will be washed away by the laundry detergent. During the application of the plaster, do not let cold air invade the body. Cannot eat spicy food Winter clothes should also wear lightweight and warm clothes such as down jackets, and avoid wearing heavy clothes such as leather jackets and shoes.

At the same time, for inflamed or even suppurative cancer lesions and itching around the wound, do not touch it with your hands. It is necessary to treat it with medication or wash the itchy area with hot salt water first. It is even more important to wrap the affected area with gauze or other protective materials. When lying in bed, focus and relax on the most uncomfortable and suppurative area, making it more painful. When it reaches its limit, the lesion immediately releases toxic gas, which reduces the pain. Regularly relaxing the purulent area can accelerate blood circulation in the affected area and promote early recovery.

You can also choose an old monk from the Fruit Forest of Shaolin Temple, who is currently 103 years old and has a fairy like demeanor. The spirit is vigorous, the sound is like a bell, the steps are as fast as flying, it seems to be over sixty years away. Some people seek longevity. Master said, "A bowl of hot grain health Congee every day". It can also make malignant tumors disappear completely! The old monk from Guolin passed on the secret recipe to Dr. Xu Shangde. Ingredients: Mix ingredients such as

brown rice, black glutinous rice, millet, wheat, buckwheat, water chestnut, oats, lotus seeds, cereal, and Job's tears. The above ten types can be cooked simultaneously.

Can be cooked a little more for three or four days of consumption. Method 2: At night, soak three cups of ten grain rice in water for 3 hours, put it in a rice cooker, add 5 cups of water and cook it into dry rice. After cooling, store it in the refrigerator. Before going to work the next morning, take four cups of water and boil them into porridge, eat salty dishes, and drink cereal Congee when it is hot.

Note: If children do not like the taste, they can add a few dried longan or raisins. The flavor is excellent, the memory is super strong, and the homework is top-notch According to scientific analysis, the cereal health Congee contains more than 100 kinds of substances beneficial to human health, such as vitamins B (B1, B2, B6, B9, B12), C, A, E, K, D, minerals (calcium, iron, magnesium, potassium), trace elements (zinc, molybdenum, manganese, germanium), enzymes, antioxidants, cellulose, amino acids, and biotin. It has the functions of lowering blood pressure, cholesterol, removing thrombus, and relieving nerves. It has no less effect than medicine on constipation, hypertension, skin diseases, appendicitis, insomnia, and angular stomatitis, and most importantly, it has no side effects.

White rice, after removing the sugar bran and germ, only contains carbohydrates and provides calories, making its nutritional value much lower than that of ten grain rice. To achieve good health and longevity, replenish the enzymes needed for metabolism every day. Eating more ten grains of rice can prevent modern civilization diseases such as arteriosclerosis, stroke, gout, myocardial infarction, and cancer. PS: Brown rice, black glutinous rice, millet, wheat, buckwheat, water chestnuts, oats, lotus seeds, cereal, and Job's tears are mostly available in supermarkets. Only water chestnuts may be troublesome to visit a traditional Chinese medicine store, where they are usually available The kidneys are the foundation of innate health. Only with sufficient kidney qi can one have a good constitution. In the theory of traditional Chinese medicine health preservation, nourishing the kidneys is equivalent to nourishing one's life!

In addition, [walnut sesame black bean Congee], [recipe] 10g walnut, 10g black sesame, 10g black bean, 5g hawthorn, 5g medlar, 10g black rice (this is the amount of two people). Black beans and black rice should be soaked for at least one hour in advance. Grind the walnuts, add black beans, black rice, hawthorn, black rice, and walnuts to the pot, bring to a boil, and simmer on low heat for at least half an hour. Add black sesame seeds and goji berries, boil for half a minute until they become a paste, then add rock sugar and you're ready to eat.

People nowadays often use air conditioning in winter and summer, and enjoy drinking cold drinks, which causes their bodies to receive more cold air It evolved into a haze caused by the accumulation of moisture within the body's cells. If it cannot be expelled from the body in a timely manner and the meridians are not unobstructed, it can easily trigger various diseases such as general weakness and drowsiness. Friends with skin eczema can take red bean and barley porridge for conditioning. In daily life, some small details that are not paid attention to may become the trigger for tumors. So, what else should we pay attention to in order to prevent tumors? What things cannot be eaten? Let's take a look together

. The following three unhealthy eating habits can easily cause tumors: 1. Overeating warm foods. Warm foods refer to foods that are perceived to be too hot or too hot; One refers to warm and warm foods that belong to the traditional Chinese medicine classification of medicinal properties. Due to excessive heat, it is easy to damage the cells on the digestive mucosa, so foods of this nature are most likely to induce tumors in the digestive system. 2. Traditional Chinese medicine believes that the five flavors should be balanced in diet, and sweet, bitter, sour, spicy, and salty foods should be consumed evenly. Any preference for one flavor can lead to the occurrence of diseases. Among the factors that cause tumors, excessive fat, sweetness, and saltiness are common. 3. Consuming transgender and moldy foods: Aflatoxin has been recognized as the strongest carcinogen, and Aspergillus flavus is rich in moldy grains, corn, and peanuts. The fungus is easy to grow and reproduce in warm and humid environments, and research has found that it can induce multiple types of tumors in experimental animals. This factor is an important reason for the high incidence of cancer in certain regions of Asia and Africa.

If there is soreness or numbness in the body, as long as it is not an inflammation or ulceration wound, or an area where it is inconvenient to apply ointment, other ointments such as Tongluo Qutong ointment or Zhenjiang ointment can also be applied, and even several small ointments can be applied to any affected area. And it will be applied continuously for several months, even for a lifetime, to relieve numbness and pain at the lesion site The patient has the energy and spirit to work. However, the area where any plaster is applied should generally not be massaged. This is because the plaster is prone to injury or pain to the skin. Alternatively, before applying the plaster, tap and rub the affected area for one or two minutes before applying it. If convenient, place a hot water bottle on the plaster to enhance its effectiveness and penetration into the affected area. As long as the skin is not itchy, or even change the plaster once a week when taking a hot shower in the bathroom.

For people with high mental stress or rheumatism, they can also purchase targeted Chinese medicinal herbs and drink wine online on Pinduoduo, or drink some wine every day (but there must be a

full mouth of food to eat, not just drinking alcohol. In winter, the wine glass should be placed in a small bowl, and then filled with hot water. Pour the hot water from the glass into the bowl, and then put the empty glass into the hot water in the bowl. Pour the wine again, and warm up the food and drink hot wine one by one. Drink only one or two drinks per meal, especially not too much cold beer) to add fun to life. It can emit dirty moisture in the body. If you drink too much Baijiu, it will damage your body. After drinking alcohol, patients should lie down in bed to rest and sleep, which will make them more energetic. You can also grind more than half a pound of black beans in a small steel mill made in Germany for about ten minutes, then pour them into a glass bottle and fill it with wax to soak the ground black beans You can eat a small spoon every day for about a week, which not only helps with beauty but also prevents and treats diseases such as colds. Patients should have the determination to face death as if they were at home, or only recall happy past events in life, so as to experience less pain in their hearts. If I once had an allergic reaction to penicillin injections in the factory clinic and passed out, I was taken to West Lake Hospital for emergency treatment. There was another time when I couldn't cure my illness, so I took the seeds of a traditional Chinese medicine herb from an old Miao woman in Guizhou, which was only the size of broad beans. I ate a small corner of it. I felt my throat dry for about two minutes, so I went to bed. Three minutes later, my hands and feet gradually became cold, and I lost consciousness of the fear of falling from a high altitude. The doctor from the factory came to check my blood pressure and tried to save me with a gun. The golden needle kept piercing my nose and I was unconscious. Seeing that I didn't know what medicine I was taking, the doctor immediately left without rescue. At this moment, my mother and wife both cried and complained that I didn't enjoy the happiness. I understood in my heart that I hadn't done anything wrong and felt much better immediately. I finally came back to life the next day, but I had no strength all over for eight days. The illness hasn't completely healed either.

If suffering from ankylosing spondylitis, it is a chronic inflammatory disease that mainly affects the central axis bones and peripheral joints, belonging to the category of rheumatic diseases, which cannot be cured or cured temporarily. It may be caused by various factors such as genetic factors and environmental factors (such as being exposed to cold weather, experiencing too much fatigue and hardship in daily life, or being frequently exposed to ultraviolet arc light, which kills many cells and proteins in the body, or being infected and frequently taking cold showers). The disease mainly affects young men and women in their twenties and thirties, but it is more common in young men. Early symptoms include chronic lower back pain, which can develop from the lumbar spine to the chest, neck, and spine, and even affect major joints such as the hip, knee, and shoulder. Pain in corresponding areas may worsen, movement may be restricted, and some may even begin to stiffness. If you go for imaging examination at this time, you may find that there are already osteophyte (commonly known as "bone spurs") between the spinal vertebrae. Slowly, these bone spurs Subsequently, spinal and joint stiffness may occur, presenting as "hunchback" with a high incidence and disability rate. Ankylosing spondylitis can also be accompanied by various diseases. 25% of patients have conjunctivitis, iritis, uveitis, or uveitis, and 2% to 10% of patients have cardiovascular symptoms. It can easily cause patients to lose their ability to work, seriously affecting their daily lives. Ankylosing spondylitis, although not fatal, is very torturous and is often referred to as the 'cancer that never dies'.

The sacroiliac joint bears the entire weight of the upper body

The development of rigidity has an asymptotic process and will not be achieved overnight

Immune disorders lead to inflammation → repeated inflammation leads to pathological new bone production → pathological new bone continues to grow and connect → bone fusion and rigidity "pain" are just the "surface" of the disease, but treatment cannot only "look at the surface", it must also "reach the inside": controlling inflammation pain caused by inflammation, controlling inflammation is the key to relieving symptoms; Inhibiting the progression of bone structure and pathological new bone formation is the basis for bone fusion stiffness and even disability, so close attention should be paid to the progression of bone structure.

At present, there are many therapeutic drugs in clinical practice, mainly including the following categories:
Non steroidal anti-inflammatory drugs: are well-known anti-inflammatory and analgesic drugs, which are first-line medications for treating stiffness and help alleviate joint pain and swelling; Two biologics: Many biologics have been approved for marketing in China for the treatment of ankylosing spondylitis, changing the treatment landscape of ankylosing spondylitis. According to different targets, there are currently two main types of biologics: anti-tumor necrosis factor alpha inhibitors and novel interleukin-17A inhibitors. Both can quickly and effectively control inflammation and alleviate symptoms. Antirheumatic drugs for improving the condition: have certain benefits for patients with concomitant peripheral arthritis [2]; Corticosteroid drugs: commonly known as "hormones", can be considered for local injection in patients with combined peripheral arthritis, but cannot be used systemically for a long time in large quantities [2].

Because rigidity is an inflammatory progressive disease, patients cannot simply judge the treatment effect based on whether it hurts or not. It is still necessary to visit the hospital regularly for follow-up, and ask the doctor to check whether the inflammation is under control and whether the bone damage has progressed through hematological and imaging examinations.
Medically, it is believed that stiffness is not a typical lumbar muscle strain or sprain, and "rest and recuperation" is not helpful. Scientific exercise is more conducive to disease control! Regular low-intensity exercise (such as walking, swimming, strength training, yoga, etc.) can reduce pain levels, enhance mobility and balance, improve health, and enhance overall quality of life.

But I am poor, and I have gained experience in treating ankylosing spondylitis. The patient has been suffering from long-term poverty and illness, resulting in weak physical condition. If they continue to do swimming, strength training, yoga, etc., it will further increase the pressure on the patient's spine. The angular momentum of wearing cotton clothes and shoes in winter can be calculated mathematically to increase the weight by how many times to torture the waist, making it more prone to hunchback and exacerbating one of the causes of illness.

The previous photo of the waist and back was taken after more than 30 years of lying on the bed for treatment, and the waist finally straightened up.

Previously, doctors from major hospitals said that it was a disease that could not be cured medically at present. When the pain is severe, only a few days of steroid medication can be taken to relieve it But it cannot eliminate the root If eaten regularly, it is easy to damage the stomach.
I stopped working from now on and waited at home for work. Every day, I cleaned the bed clean and kept it warm. As my waist was bent about 90 degrees, it was not convenient to lie on the bed. I couldn't straighten myself for three and a half years. Therefore, I placed a pillow beyond the bed, and my head and half of my face were pressed against the pillow beside the bed. Every day, I would lie on the pillow or on the bed, with my mouth and nose resting outside the bed to gradually straighten my waist Lying on the bed for at least an hour each time, or even for more than ten hours a day, forcing the waist to straighten, and using one hand to hit or rub the most prominent part of the waist bend dozens of times, only to feel that the most protruding part of the waist is less uncomfortable, and then getting out of bed to do household chores or take care of children.
Every time I lie on the quilt on the bed, and according to my own feelings, I should turn over and sleep left or right. I will do it according to my own feelings. When I relax while sleeping on my side, I will use my fingers to first apply the snake king bone penetrating ointment to the most protruding part of my waist and the affected area. Then, I will apply it to the acupoints and affected area, and use some force to apply it to the abacus beads on my waist more than ten times. I want to feel the warm sensation of applying it to my waist. When you feel a little pain when rubbing your waist bend with your

hands, lie down on the bed again and relax your mind at the most protruding part of your waist bend, feeling relaxed.

Immediately, the body trembled violently once, and I felt that the bulging waist was much easier. After breathing normally for more than ten minutes. Continue to lie on the quilt on the bed surface. Or hold one wrist on the side bed and mechanically move the thumb about a hundred or ten times in the middle of the second section of the index finger. Rest quietly or hold your breath to relax the affected area for about an hour. It adds energy to patients like nutritional supplements, as the maximum consumption in the human body is respiratory gas. As long as you have time for a long time, stick to lying on the soft bed several times a day and force your mind to control and look towards your belly button when your eyes are closed I have persisted for decades, striving to straighten my waist and neck even when walking, in order to return to a state similar to that of a normal person. But in this lifetime, we can't get rid of the root cause. If we're tired or it's going to rain, and our bodies feel uncomfortable, we can go to the sore spot of our waist and use our hands to knock and hit it dozens of times before applying some ointment for health care. We can also sleep or rest on the bed or sofa whenever we have time, and take a shower in the bathroom once a week without getting cold or drinking cold water orally. Only then can we dispel the dampness in our body cells and ensure smooth blood flow. Of course, I don't wear heavy clothes, shoes, or sleep on a wooden bed,

When the waist is straightened, the actual illness becomes even more uncomfortable when it enters the lower part of the head If the lips and hands and feet are numb, the bones have calcified, and if not treated properly, the central nervous system will be more compressed, causing dizziness and other conditions that can lead to the patient's death. The patient will also worry about the consequences by the age of 76 Finish or perfect some of the things in hand as soon as possible. If I am busy perfecting the content and article abstracts of the book I will publish, the biggest problem is that I cannot see the words clearly with my five hundred degree glasses, and the magnifying glass is not very effective. I feel dizzy and powerless, which is even more uncomfortable How difficult it is to change every word, the only spiritual strength is Yu Gong digging mountains every day and how steel is refined into the author Paul's writing experience has repeatedly inspired me to revise the content of the book, which is responsible to both the readers and myself. Therefore, I also pay close attention to treating the condition of inconvenient head rotation Every day, often nod your head a dozen times first, then mentally write about ten characters in the shape of an eight from left to right. Then, follow the eight shape of your head and twist it to write about ten characters. Finally, nod your head a dozen times And force the head to be as low as possible towards the chest And with his eyes closed and his mind focused on his belly button, he couldn't breathe. When he tried to expel the poisonous gas, his body trembled slightly. Shake your head to the left a few more times, and then shake your head to the right a few more times. Although it's impossible to shake or nod my head, I still insist on doing it. Because I have been lying on the bed for over thirty years forcing my waist to straighten up, my head has indeed tilted back and become stiff Going down stairs is even more inconvenient Grasp the hair with your hands and pull it downwards to increase the weight in front of your body, so that after decades of lying on the bed and forcing your waist to straighten up, you can finally go down the stairs.

I also received treatment for sciatica by getting a gold needle and taking medication. The hospital is far away from me, and I haven't had any money after two months of treatment The actual effect is also slow. I have discovered that this disease is caused by excessive fatigue and cold affecting the meridians It is also due to insufficient kidney qi in patients, and one positive cannot suppress a hundred evils. At this time, patients should rest more in bed and stand less at home. In summer, they should not sleep on a cool mat and even wear light pants and long sleeves When lying in a warm bed every day, first apply Scorpion Venom King Activating Cream, and quickly apply it to the legs with nerve pain more than 20 times with a little force. You can also apply it to the kidney shu on both sides of the waist to strengthen the body. Apply it again to the buttocks on both sides of the upper thighs, and rub it on the Huan Tiao acupoint for more than 20 times. In the future, if there is pain in the leg, apply and wipe the affected area more than ten times. Every time lying in a warm bed; And bring the painful leg closer to the chest with a little force, then use your fingers to grab and pinch the most painful part of the leg with a little force, while your mind is still relaxed at the most painful part. At this time, hold your breath and do not breathe to relax, making it feel more painful. When you hold your breath and relax to the limit of the pain, the nerve pain will even stop in one minute. Or alleviate the pain. In the future, sleeping or resting on the left or right side of the body means placing the painful leg on top of the non painful one Rest or sleep. If the pain recurs the next day, do it two or three times a day, and use some force to grasp the pain area and relax the mind to treat it with pain. In winter, lightweight and warm clothes such as down jackets and shoes should be worn, and heavy objects should not be placed in the pockets of the clothes Do not wear heavy clothes such as leather jackets or shoes, and do not wear leather shoes or heavy clothes during summer. Sleep on a wooden

bed, stand less and rest more for painful legs. You can drink hot ginger tea regularly because ginger can dispel cold and dampness and has various health benefits. It is also possible to apply Shangshi Jietong ointment to any nerve pain area on one leg, from the waist and kidney shu and Huantiao all the way to the root of the foot, and even apply more than ten patches. Missing one patch will result in poor pain relief You can change the plaster every two to three days, but after applying the plaster, you cannot scratch or rub the nerve pain area on the plaster, otherwise it is easy to scratch the skin at the plaster application site and become infected. Go to the warm pool in the bathroom for about five or six days to soak in bubbles. After taking a shower, do not catch a cold or drink cold water. Soak your whole body in the warm pool for 10 minutes each time to expel dampness from your body cells and promote smooth blood circulation Accelerate the recovery of neuralgia as soon as possible. Of course, we also need to use air conditioning less. Due to the prolonged influx of hot air from the air conditioner into the body, it reacts with the temperature inside the body, transforming the water into haze and increasing the humidity And electromagnetic waves can interfere with the rest of the nervous system These things need to be paid attention to, so that within a few days or at most about a month, the sciatica will not hurt and the illness will be cured.

For cases of tachycardia, arrhythmia, and discomfort or slight pain when touching, first use your fingernails to rub up and down on the uncomfortable area, or draw circles with your fingers for more than ten times. You can also apply a large damp pain ointment or Zhenjiang ointment to the upper side of the heart, which can relieve discomfort and take about two to three days to recover.

In the next stage, you should focus on treating the specific disease, such as drinking hot Chinese herbal soup or taking Western medicine prescribed medication orally, such as treating chronic diseases such as leukemia or cancer. And make sure to choose the method that suits your self-care needs. You can also increase the amount of exercise moderately, getting out of bed after getting enough sleep every day to engage in activities such as practicing Tai Chi, doing gymnastics, walking or running in place for about 20 steps, doing laundry, or dancing moderately. You can choose to do any exercise you want. When couples sleep in separate rooms, they can also have sexual intercourse for about half a month, which is beneficial for patients' mental relaxation as it is not an infectious disease. But I still have to go without work or free time for a long time, so that I can rest and treat my illness at home without any supervision every day.

Do not mistake it for a virus causing the rapid growth of epithelial cells, if long-term use of radiotherapy and chemotherapy It is necessary to form a new molecular structure of the body through hanging water infusion to ensure the survival and recovery environment of living cells.

The human body is a complex system, with high and low water levels, high and low water temperatures, fast and slow water flow rates, and injection into the skin. When entering the stomach for treatment, there are certain requirements. Water can relieve pain, but it can worsen the condition. If there is long-term abuse of hanging water infusion, it will actually disrupt the unity of qi and blood movements in the body, and it will not reach the root of the disease. The problem of the consequences of causing genes to shift from their original form of existence to suddenly evolve into a new gene.

Western medicine treats infectious diseases and acute surgical diseases, such as antibiotics in intravenous infusion. Within 48 hours, pneumonia will subside and patients will have vitality and energy. If the patient continues to receive intravenous infusion to consolidate their recovery for a period of time, it can be calculated through measurement. Assuming that a person weighs 130 pounds, the additional accumulated water received in the patient's body cannot exceed their weight If the patient receives an average of about one pound of intravenous infusion per day, and continues to receive intravenous infusion for one month, it will be thirty pounds. If the infusion is continuously suspended in water for five months, it will be 150 pounds of water, and the small molecules of wet drugs in this water may total two or three pounds. The accumulation of more and more small molecules is not stored in the stomach, but cannot be processed and excreted through urination and defecation. But it is the small molecules of moist drugs in water that exist in the patient's body and move with qi and blood. If they enter the lungs, the small cavities on the lung wall for breathing can be small Therefore, small molecules in water and drugs vortex and accumulate outside the lung membrane, evolving into water masses that block the flow of water into small pores on the lungs. The small amount of water in the patient's lungs is transformed into thick phlegm by the temperature of the fever, causing coughing and even developing into diseases such as tuberculosis, and making breathing more difficult. If an oxygen generator is used to push the thick phlegm that has evolved in the lungs into the small holes on the lungs, it can easily worsen the condition.

Due to the large number of wounded during World War II, the wounds were infected by bacteria before they could be treated. The invention of injection solutions and later

infusion solutions, such as antibiotics, had a special effect on bacteria. Within 24 hours, Western medicine immediately reduced the fever of infected wounds. At that time, it was not discovered in a short period of time that there were side effects of long-term use of drip infusion for chronic diseases.

Today, the incidence rate and mortality rate of leukemia, cancer, AIDS, and various viruses and other diseases in the world are increasing, so we must limit the use of hanging water infusion. Either drinking hot traditional Chinese medicine soup to treat the disease, or using radiotherapy and chemotherapy drugs to make oral Western medicine, the useless ones will be excreted through urination and defecation after being processed by the stomach. Or make it into far-infrared and apply it to the affected area. There are no side effects either.

Otherwise, when the airflow and small molecules in the patient's body swirl towards the center, a new gene appears in the vortex. There is a new memory code on this gene. In the future, if there is an outbreak of war, injury to patients, or similar incidents such as terror and intimidation, it will lead to more people receiving intravenous infusion, weaker physical resistance, easier damage to immunity, and worsening of the disease. Due to the presence of more small molecules in the body, if combined with painful air currents during the patient's treatment process, the vortex of new genes will snowball and replicate into a complete new batch of cancer cells with varying amounts. Or HIV and other viruses [It is really the water hanging on the water that destroys the efficacy of chemoradiotherapy drugs and also promotes the generation of cancer cells resistant to treatment. In addition, in medical theory, such as the strict requirements for water hanging on the water for infusion, medical instruments can not see how the gas moves in the body, and the problems shown in the evolution of micro movement of water into the body.

A fictional article was published by a Chinese author 20 years ago about a patient who was infected with chemicals and developed liver cancer In the second year, tens of thousands of patients with liver cancer were infected in hospitals in China. However, today, various health and disease prevention management work is very strict, such as smoking, drinking tea, and chemicals used are strictly managed. Moreover, today's medical devices and drugs are more advanced, so the incidence rate of cancer, especially the death rate of cancer patients, should not rise significantly. It is unclear whether they intend to entrap the Chinese or not.

Doctors can use medication to treat diseases according to Western medical theory. Otherwise, no one can bear the responsibility for medical accidents. For example, during the epidemic in Wuhan, thousands of doctors wore anti infective protective clothing for a long time, and they were also under great mental pressure. They were busy treating patients with COVID-19 day and night, and they were tired to get sick. They were also treated with the same medicine. Indeed, several doctors died successively.] So any doctor hopes to cure their illness as soon as possible, and there is no such thing as a doctor's responsibility. It is a problem that arises from the imperfection of medical theory and methods.

Today in medical textbooks, it should be noted that for patients with chronic diseases, the virus can be administered through intravenous infusion for three days based on the patient's condition. If there is any effect, the infusion should be stopped every three to four days before continuing for another three days as a course of treatment. Additionally, the infusion rate should not be too fast, that is, the infusion bottle should not be hung too high. For patients with normal infusion volume, strict regulations should be in place. It is best to use infusion equipment that maintains the same high water temperature as the patient's body temperature, even one or two degrees higher. This will reduce the development of dampness in the patient's body and accelerate the recovery of the disease.

Fever is actually the evolution of new cells in the body The immune function is activated, such as patients drinking hot tea several times a day and resting in bed for a few days, which adjusts the movement of qi and blood and energy structure in the body, starts to reduce fever, and accelerates disease recovery.

Otherwise, cancer cells in the patient's body will compete with other cells for the forces of water and air Causing damage to the internal movement and energy structures of the body exacerbates the relationship between various tissue structures of the patient, making it even more difficult to coordinate at the moment.

Just like high temperatures in *summer*, thunderstorms, cloudy days, and low air pressure, fish in the river are *prone* to *hypoxia* and *death*. *Summer is also* the season when bacteria are most prone to reproduction, making it easy for them to contract diseases and die. *Summer is* the peak season for *fish* feeding, and fish are also greedy and prone to overeating.

These three questions are all consistent with the situation when a patient has a fever. Firstly, the temperature changes the water used for intravenous infusion into haze It is also said in traditional Chinese medicine that dampness is heavy and the meridians are not unobstructed. Cells are *prone* to *hypoxia But still* providing *patients with* intravenous fluids *every day*, which results in even thicker smog Cells breathe more *oxygen deprived*. And the small molecules of drugs in hanging water infusion and small molecules in injected vaccine drugs are stored in various structures of

the patient's body, such as blood vessels, which are thin and easily stretched like fish

And more small molecules, such as centripetal rotation, push and friction, process meat and potatoes with high iron content, evolving into magnetic and ionic states. The patient's body is even weaker, breathing is difficult, and even the whole body is in unbearable pain. If the patient takes painkillers again, it will worsen major problems such as coma. If the ionic state is suddenly suspended, it will be difficult for the patient to survive.

Through the above examples, Western medicine can accelerate the treatment of infectious diseases and acute surgical diseases But Western medicine misunderstands the functions of genes and immunity If chronic patients abuse hanging water infusion for a long time, there may be side effects. This is the problem of imperfect medical theory.

Traditional Chinese medicine has shown great effectiveness in treating chronic diseases such as cancer, but for thousands of years, it has only established theories based on qi and blood. Neglecting that about 70% of people's bodies are warm water, with only a portion being qi and blood Moreover, the replenishment of primitive energy is the evolution of incoming water into qi and blood Of course, traditional Chinese medicine decocts Chinese medicine with water and gives patients hot Chinese medicine soup With the hot air of traditional Chinese medicine soup, it permeates everywhere, and the patient's spirit and energy increase, accelerating the recovery of the disease.

So the theories of Chinese and Western medicine must be unified and established in physics or natural sciences, and both medical theories must be improved and perfected. When treating diseases, it is important to flexibly utilize water and pay special attention to patients. If they cannot take medication with cold water, they should drink hot Chinese herbal soup or take Western medicine tablets orally with hot water. After taking medication, they should go to bed and sleep for a better effect of the medication without any side effects.

For example, after the outbreak of the novel coronavirus pneumonia in Wuhan, President Bush replied to an email that year and made sure that there would be a new epidemic news every seven or eight years in the future. I started writing books, like 98 pages to warn against financial loss. If my registered letter is late to Zhongnanhai mailbox even one day, Beijing airport due to the severe SARS epidemic, some planes will be grounded.

However, in 2022, the incidence of COVID-19 has increased year by year. The state asked how to end the novel coronavirus pneumonia epidemic, and once again "My understanding of the origin and prevention of new pneumonia virus disease" article 3. Posted on Baidu and other Internet sites, China finally ended the COVID-19 epidemic on December 5, 2022. After the publication of the American Journal of Science on February 16, 2023, the World Health Organization announced the end of the world's new coronavirus epidemic at the end of February 2023, the European Union also destroyed many vaccines, did not do nucleic acid testing, and has not found a second major rebound in the epidemic.

The size of the actual viral load depends on factors such as the duration of fever in animals, the number of times patients receive intravenous fluids, the type and amount of medication used, as well as the strength or geographical environment of the patient's body In humid or cold regions of Africa, the quality of the virus evolved in the patient's body also varies. But it only parasitizes in the cell, is eccentric to the hole field by the cell, and the vortex replicates more energy, which is the virus. It is inside the cell and cannot even be found in autopsy, such as when the heart is infected with a virus. Because viruses are only empty shells of proteins, like dead objects.

The cells of immunity are the hot cyclone flow that you change your original lifestyle habits or the right medicine or nutrients, or sleep on your side, or lie on your stomach in bed every time you continuously do such as half an hour or more of deep breathing air, which enters the lungs with great force and spreads out such as into the heart. It was vortex into a lot of white cells, was thrown out of the heart to evolve red blood cells, but also scientists said that the evolution of new cells of immunity, it can play a role in disease prevention and treatment of cancer and other diseases and health care. The patient's energy increased immediately. Or different sleeping positions, to prevent and cure different diseases. Such as ankylosing spondylitis lumbar tuo even 90 degrees, which requires the patient to lie on the bed once he has time to do a deep inhale, light exhale a breath to force the ankylosing spinal longinitis lumbar tuo straight up. But put your mouth outside the bed to prevent dust from inhaling into your lungs. In winter, the back of the body should be covered with glass to keep warm and warm, and change the sleeping position for at least an hour but about 30 minutes each time, such as lying on the bed and changing into the side bed for a rest. When you inhale deeply and breathe out gently, the whole body will shake involuntarily. When the moisture in the body is discharged, the patient can also do the idea to relax the waist, and even when holding the breath, relax to the limit, the body or mind will naturally discharge a slight

gas. This is done several times a day for years and months, walk with your chest straight, do not wear heavy clothes and shoes do not drink cold drinks do not eat cold meals, take a bath in the bathroom every week, can not get cold after taking a bath... After a few years, the waist gradually straightened up. It works faster than pills. There are no side effects.

If the moisture is too heavy to develop into cerebral infarction, sleep on the bed on the side, put about half a kilogram of Chuanxiong powder bought back by the pharmacy, and put it in a large yarn bag close to the patient's head and temple. Chuan bow powder medicine smell heavy, on the relaxation and circulation of blood loose purring. Cerebral infarction starts to clear in about half an hour. You can also buy Chuanxiong powder in the pharmacy, first open a small bag into the teacup, then pour about half a cup of boiling water, and stir with chopsticks, drink the hot Chuanxiong powder potion, sleep on the bed side for about half an hour, the cerebral infarction begins to smooth, the patient feels energetic, and drink the liquid medicine of hot Chuanxiong powder twice in two or three days, can not be cold and do not eat cold food, prevent disease and cure the cerebral infarction.

Some things have consequences. For example, after President Bush answered my email, he realized that every few years someone makes a big story. What? Is not dare to explain, if the patient also understands that the cell cancer cells change once every 7 days, the blood cells change once every 28 days, the bone cells change once every 7 years, the new cells are human stem cells in the continuous replication of various cells of the human body, when the stem cells are weak, people begin to aging. Body cells only brain cells do not change for life, adult brain cells will only reduce will not increase.

Know cell cancer cell apoptosis after seven days, do a good job at home to eat and sleep health care work! If the patient does not have mental stress, drink hot tea two or three times a day, or drink hot bean porridge, and then eat salty dishes with taste. Taking a hot bath in the bathroom every week removes moisture from hundreds of millions of cells in your body. But you can't get cold after a hot bath, you can't drink cold drinks in the refrigerator, you can't eat cold food, and you can sing a few songs if you are bored in your heart. Do not wear heavy clothes such as leather coats and leather shoes, to wear warm and such as duck down cotton-padded jacket and light warm and cotton shoes, winter to wear a mask, wear a hat on the head, and even wear socks on the sleeping feet. Sick drink hot Chinese medicine soup or drink hot water oral western medicine tablets, can not hang water infusion. Run a dozen steps in place every day, sleep on the left or right side and rest on the bed, enhance systemic immunity, prevent disease and also cure the effect of prolong

For over seven years, I suffered from brain cancer and low-grade fever, which caused me to spend most of my days in a semi comatose and painful state. I was afraid to say a word and couldn't open my eyes or read clearly Teeth also fall out, causing deafness Having to eat a bowl of rice several times due to illness is necessary to avoid being forced to finish the meal

But I insist on flexibly choosing the disease that suits me according to the above, such as drinking hot Chinese medicine soup or taking Western medicine tablets orally with hot water, and also taking good care of myself in all aspects, which improves the effectiveness of drug treatment and enhances immunity, and gradually improves various diseases. If I had cured myself of sciatica and Meili's comprehensive vertigo first, I would have rented my house and been given two Tianma traditional Chinese medicines by the Shiqiao printing cabinet master. He instructed me to put them together when cooking a black haired old mother chicken, and after cooking, I would have eaten the soup and leftover chicken meat Dizziness will really improve in the future. Rheumatic heart disease, intestinal adhesions after surgery, ankylosing spondylitis, finally straightened waist, and cured brain cancer pain. I have finally lived for over forty years and am 76 years old, still busy with scientific research.

My classmates, colleagues in the factory, relatives and friends, a total of more than 30 people, are not as sick as I am. Their economic condition is good, and they are not as old as me. They all gave up and, one by one, returned home and died healthy in the air.

Can also see 360 network "Cancer is not a disease? Subvert the world view of traditional medicine" and just published "natural science new highlights of the book after the part has this content, study it combined to do, it will be more able to prevent disease and cure and prolong life.

As each person's condition is different, and even the self-care method is different, this content is only into the wood because of sensitivity, for patients to reference flexible choice, early recovery, happiness every day.

As each person's condition is different, and even the self-care method is different, this content is only into the wood because of excessive sensitivity, for patients to reference flexible choice, early recovery, happiness every day.

And I can not get a penny, but also to give such as network fees, there is always a party that does not think it is good, do not give me good

fruit, light was kicked out of the network management, heavy prison, is two world views.

It is difficult for any patient with ankylosing spondylitis who has a 90 degree lumbar spine to restore it to the upright posture I have now.

If you brag, you won't receive it. Attached: President Bush's November 2008 reply

On behalf of President Bush， thank you for your correspondence.

We appreciate hearing your views and welcome your suggestions.

Due to the large volume of e-mail received，the White House can not respond to every message.

Thank you again for taking the time to write.

Ten days after my suggestion, on December 5, 2008, the Yangzhou Evening News reported that American researchers had found that frequent exposure to CT scans increased the risk of cancer in patients.

reference:

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2. My understanding and application of Tai Chi diagram

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4. Why can genes only copy energy

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6, blog "soul" theory, unified field theory research "Cosmic rotation evolution theory"

7, Thousand World Magazine introduces Canadian women living with AIDS

8, 360 comprehensive search network "Cancer is not a disease? Surprising view of subverting traditional medicine"

This article only fulfills scientific responsibilities and serves the country and the people. There is no motive to harm any party, no pursuit of fame or fortune, and no acceptance of any negative criticism.

科学家：
关键治病时挂水治与不挂水治疗治退烧非常重要的！可能西医错误在挂水上
文章:钟南山：无症状感染者大部分有传染性，柳絮并非重要传染源
识别二维码
查看文章
快报

科学家：
我正在写新冠状病毒起因和防治文章！以事实说明不是传染性病毒！这要人们放松精神压力和注意休息，心烦就唱歌等，就不会生新冠状病毒病。有也可以这样方法去做和吃中药及身体上那里有不舒服如疼痛心闷无力，就每一天做两三次自我对病灶处，用手指由轻到重快速抓揉几分钟，若全身就对全身抓揉拳头敲打约半小时左右，更要放松压力，不能贪凉，自我保养十天后自然就病好了。这个病是心里压力大引起身体内先是发烧，后转化肺炎，再转化成病毒，就像人

第4卷|第-01期|2
IJO
JOURNAL
出版证书
这证明了这一点
已在IJO-国际教育研究报告中发表文章
标题："一种新型肺炎冠状病毒的起源和预防"

只要医院对发烧病人不挂水，吃中药等或吃丸药片，打针可以，而且季节到气候暖和，感冒发烧了的病人至少减少，，更不会真正的冠状病毒病人，所以不会有死亡率。千万不要将如心脏病高血压病肝脏肾脏等老年死亡率在这个时间里，报成冠状病毒的死亡率。因这些都是每一年正常死亡率。

知乎

预制菜首次写入中央一号文件，以后预制菜会经常出现...

Benzin: 我不担心预制菜，我担心预制菜泛滥后，新鲜蔬菜和肉类...

知友评论

我搞科研几十年一个人生活。煮一顿吃两三天，每天还喝白酒两三顿。可我至少十多年连感冒都不生。因我不信那些，按着自已好生活习惯，如不受凉，不喝冰箱里冷饮料不吃冷饭菜，每天睡午觉，每十天内去浴室洗澡一次，洗澡后不受凉不吹空调睡觉，每天原地跑十几步，增強免疫力，防病治病，所以我发病率极少

获得 0 个赞 —— 孙纯武

长按识别二维码，查看完整

去「知乎」与知友一起交流

跪下来求核酸检查不能做

从一月18号起关注武汉新型肺炎冠状病毒病。直至武汉从要做核酸检查了，我共在看点快报和今日头条上发评论不低于1000条。都是希望千万不能封城封路和利小风险多的核酸检查不能做。因缺乏实际治病好效果。否则会发病率增加，大好形势又被加核酸检查扰乱。因为有些事不能网上作详细说明具体的原因。

也因为十万个人去做核酸检查时，有几个人受凉严重或平时工作繁忙，如开饮食店人员，他们工作忙，而且生意时好时坏，就会有精神压力，或者从很远地方急匆匆赶去做核酸检查，或者有个别人受凉了，或到了检测站口渴了，就将随身带冷饮料喝下肚，或有些人到了核酸检查站，看见到做核酸有些人害怕状，自己心里更十分紧张等等不确定因素，就十万个人中有几个人生感冒发烧或者是无症状。都是属正常现象。因为每一天都有正常发病率， 而且中医是标本兼治，中药效果显著，没有死亡率及副作用。若是中国没有中医来治病，就同国外核酸检查后，天天发病率增多，特别死亡率也是一个样子啦。那是多么可怕的后果。就将好容易才取得了武汉防疫重大胜利。现在就被核酸检查又搞乱了。因他们理论认为无症状就是发展下去是冠状病毒传染病的早期症状。

真开国际玩笑。都未弄清楚是季节性瘟疫还是传染病？又是该给它作用力才能进化成冠状病毒病？

而且冠状病毒就像吃人的老虎一样，也有生老病死，如果它没有饭吃，它就饿死了。若现在的冠状病毒真是传染病，至少面条好友们定先被传染。或者大型动物也有发病率特别是死亡率高等问题。 而且全世界凡是做核酸检查的国家，都是发病率和死亡率都高。这个问题其中有奥妙，如西医学不是医学物理学理论，就为病人甚至输液引起的感染误治问题。我希望您们坚决不要再做核酸检查。

我是绝对实验无症状病人全部吃中药。不要挂水治疗，病人一定要卧床休息几天，穿

科学家：

钟老您好！

我支持中医将这次冠状病毒定为瘟疫。就是冬季天气冷，而人们活动和运动身体转化成热量，甚至是汗储存在内衣内裤里。由于棉袄保暖，当人们休息下来身体上受一冷一热就容易感冒甚至会发烧。

为什么会有那么多生病，简单的说二是环境造成了很多人意念恐慌感压力大，稍微受凉或劳累，就像谈恋爱失恋的人一样加大精神压力就生病就，去医院如核酸检查后更恐怖了，挂水等治疗等，可挂水的水是从上向下加速进入身体内，同身体温度差推挤摩擦发热，至少延迟退烧时间，，甚至会转化成肺炎，。

这个消息传播出去，从原来十万个人仅有两三个

热评
科学家：
人有自然免疫力，就是认真在家睡觉几天床上放暖和些，内裤松紧带越松越好，或將裤腰拉到屁股后睡觉，或用布条做裤带，一天要多次喝热水，，不能吃冰箱呢冷食物。心里要放松，不胡思乱想。心里烦就唱几首歌，歌声是防治病万病万能药，就增强自身免疫力！就不会从肺炎转化成病毒。节是病毒它没有作用力也就死亡，时间长短全靠病人认真睡觉保养！

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My understanding of the origin, prevention and treatment of new pneumonia virus disease

Sun chunwu

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Abstract: the incidence rate of the world epidemic is many, long and wide. There are at least five reasons. In 1931, the American doctor drbaxbr cooperated with his colleagues to produce the world's first bottle of commercial infusion products in the transformed old garage. In the Second World War, it was widely used in the rescue and treatment of dehydration, excessive bleeding, fever and wound infection. For example, within 30 hours of infusion, the patient's fever will be reduced immediately, the infected wound will be treated with western medicine, especially for bacteria. At that time, the side effects of chronic diseases, viruses and long-term infusion could not be found in a short time. Firstly, it discusses the origin and prevention of the new pneumonia virus disease, so as to establish effective national epidemic prevention and recapture the economic losses in the epidemic situation.

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Key words: Oval chart, SARS, leukemia, cancer, AIDS, germs, viruses, climate change, infectious diseases, epidemics, Chinese medicine, hanging water infusion, media, prevention and control.

It is reported that since receiving the unexplained pneumonia sample from Wuhan on December 30, 2019, Wuhan virus Institute has been fully carrying out the pathogen identification, virus traceability, pathogen detection, antiviral drugs and vaccine development of new pneumonia virus in 2019. On January 2, 2020, the Institute obtained the sequence of the whole genome of 2019 coronavirus. On January 5, the new pneumonia virus was successfully isolated and put into the national virus resource bank according to the standard on January 9.

Neocoronavirus is a kind of pathogen that mainly causes respiratory and intestinal diseases. There are many regularly arranged protrusions on the surface of this kind of virus particles. The whole virus particle is like a crown of an emperor, so it is named "coronavirus".

Why the new pneumonia virus disease occurred all over the world and why the virus mutated, we should further explore scientifically and uncover its face. The following ellipse chart for problem setting and problem solving is attached, which is also the yin-yang chart of China's Tai Chi dynamic field,

Ellipse movement trend chart (See the figure below)

Zhang Liangsuo, chairman of Yangzhou Huading Electric Appliance Group in Jiangsu Province, is the senior leader of our retired old comrades